



**HOPE THROUGH HEALTH  
2012 ANNUAL REPORT**



## CONTENTS

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DIRECTOR'S MESSAGE	7
OUR MISSION	8
ABOUT US	11
MILESTONES	12
WHY TOGO?	14
2012 IMPACT	18
PROGRAM HIGHLIGHTS	
<i>WOMEN AND CHILDREN</i>	22
<i>COMMUNITY HEALTH WORKERS</i>	26
<i>CAPACITY BUILDING</i>	30
FINANCIALS	34
BOARD AND STAFF	36
SUPPORTERS	38



STRIVING FOR EXCELLENCE AND TRANSPARENCY HAS PERSISTED AND HOPE THROUGH HEALTH HAS THRIVED AS A SMALL BUT EFFECTIVE NOT-FOR-PROFIT ORGANIZATION WORKING IN TOGO. THE FOCUS HAS ALWAYS BEEN ON HOW TO BETTER MEET THE NEEDS OF THE COMMUNITY AND HOW TO DO MORE WITH LESS.

**—DR. LISA HIRSCHHORN, MD, MPH, DIRECTOR OF MONITORING AND EVALUATION AND QUALITY, PARTNERS IN HEALTH**

A group of people, including men and women, are sitting on a long wooden bench outside a white building. They appear to be in a meeting or discussion. The scene is set outdoors with large trees in the background. The text 'A MESSAGE FROM THE EXECUTIVE DIRECTOR' is overlaid on the top left of the image.

## A MESSAGE FROM THE EXECUTIVE DIRECTOR

Dear Supporter,

I first got involved with Hope Through Health while serving as a Peace Corps volunteer in Togo. I'll never forget the conversation I had with HTH co-founder Kevin Fiori Jr. about whether to open our first satellite center in a rural area. The number of patients travelling long distances from rural areas to access services in our central clinic had grown rapidly. I asked Kevin what we needed to do in order to bring services closer to the patients. "Just do it...whatever it takes," was his response.

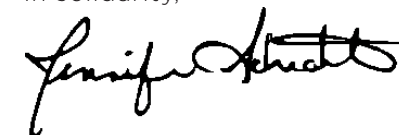
This *whatever it takes* attitude is what Hope Through Health is built on. The need to do whatever it takes to get essential services to the patients who need them most is what has always motivated HTH. It is what pushed us to provide lifesaving antiretroviral therapy to the first patients outside of Togo's capital and to pilot the first prevention of mother to child transmission of HIV program in northern Togo. HTH was born out of a commitment to ensuring that individuals in Togo have access to the same benefits of advances in medical technology that we have come to expect here in the United States. That commitment and a *whatever it takes* attitude are what continue to guide our organization today.

On the horizon for HTH in 2013 are exciting new innovations using technology to improve the effectiveness of health care delivery. Partnering with software consultant, Dimagi, we anticipate piloting a mobile health project in which Community Health Workers will use cell phones to transmit patient data in real-time. Through a partnership with GlobeMed at MIT we will be implementing electronic records systems in all of our centers, and our staff will receive computer literacy training. Under the guidance and support of Partners In Health, we have launched a new monitoring, evaluation and quality improvement system which will allow us to gather, analyze and act upon timely and reliable data in an effort to integrate quality improvement into all of our programs.

Finally, in 2013 we will be expanding our services to new patient populations, once again acting upon our value of doing whatever it takes to get essential services to those who need them most. Through the first ever grant from the United States Agency of International Development received by our partner organization, we will be expanding our Community Health Worker program to target marginalized populations throughout the northern regions of Togo.

Thanks to the incredible show of support we received in 2012, we are more committed than ever to our mission to expand health care services to the most vulnerable in Togo. With your help, we can continue to prove that our vision of a world in which all individuals have access to high quality health care services is not only possible, it is crucial. As I have learned first hand by working alongside our Togolese partners, the only things that separate us are latitude and longitude. The location of one's birthplace should not determine whether he lives or dies. We are working to change that reality. Thank you for your partnership and for enabling Hope Through Health to do *whatever it takes*.

In solidarity,

A handwritten signature in black ink, reading 'Jennifer Schechter'.

Jennifer Schechter, MSW, MPH  
Executive Director

# HOPE THROUGH HEALTH

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## MISSION

Hope Through Health works to expand access to health care for all individuals through community driven initiatives in partnership with the public sector in Togo, West Africa.

## VALUES

**HOPE** | HTH believes that better health outcomes are possible even when there is some evidence to the contrary.

**HEALTH** | HTH believes that health is more than the absence of disease or infection but includes the promotion of social, economic, educational and spiritual wellbeing.

**EQUITY** | HTH believes in working to address the root causes of social and economic injustice to ensure that all individuals have an equal right to live healthy and productive lives.

**SOLIDARITY** | HTH believes in working alongside and in collaboration with the people we serve to ensure responsiveness to their specific needs.

**COMMITMENT** | HTH believes in making long-term investments to address global health inequities and bring about greater justice.

## OPERATING PRINCIPLES

**PARTNERSHIP** | Establishing long-term relationships with local governments and communities in which all parties have an equal voice.

**HEALTH SYSTEMS STRENGTHENING** | Strengthening the capacity of the public sector to effectively scale up quality health care services.

**COMMUNITY CAPACITY BUILDING** | Supporting local groups engaged in improving the health of their own communities through medical, psychological and/or educational activities.

**ACCESS TO HEALTH CARE** | Eliminating barriers in order to improve access to quality health care for all.

**GENDER BASED PROGRAMMING** | Prioritizing services for women and children as the most effective means to strengthening entire communities.

**EVIDENCE BASED PRACTICE** | Implementing medical and public health interventions through decision-making based on the best available evidence and information.

**MOVEMENT BUILDING** | Fostering engagement and building connections across the globe in order to combine efforts into a larger movement for social justice.



HOPE THROUGH HEALTH  
ENVISIONS A WORLD IN  
WHICH **HIGH QUALITY HEALTH  
CARE** IS AVAILABLE TO  
**ALL INDIVIDUALS** REGARDLESS  
OF THEIR ABILITY TO PAY,  
THEREBY **PROMOTING EQUITY  
AND HUMAN DIGNITY.**

SINCE 2004, HOPE THROUGH HEALTH HAS PROVIDED COMPREHENSIVE HEALTH CARE SERVICES TO



2,843  
ADULTS

AND



152  
CHILDREN

LIVING WITH HIV/AIDS

## ABOUT US

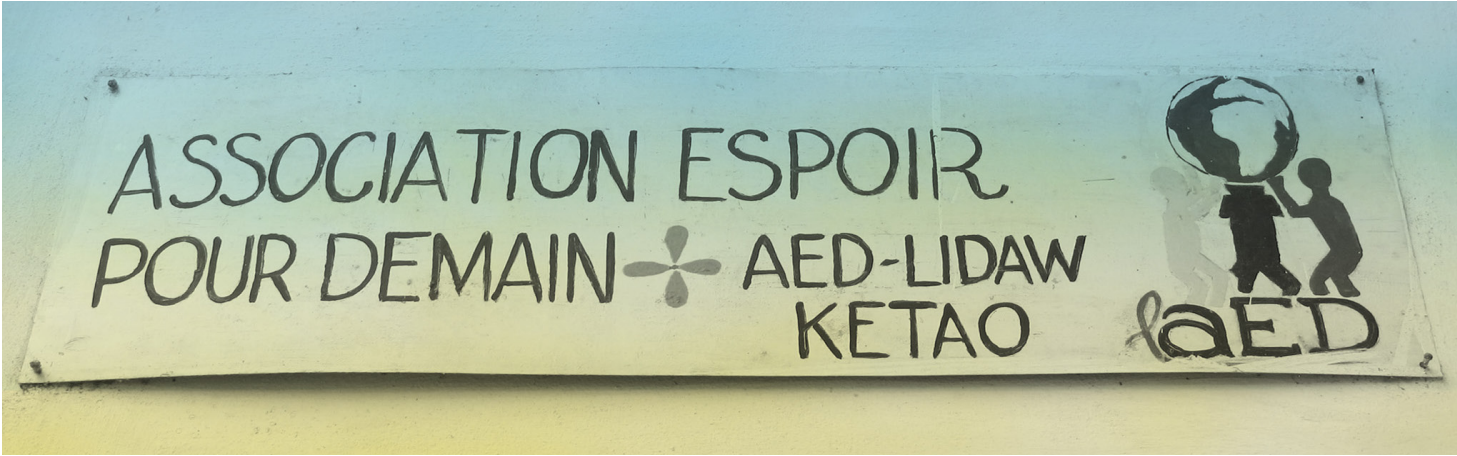
### OUR STORY

Hope Through Health (HTH) was created in 2004 by US Peace Corps Volunteers, Kevin Fiori Jr. and Dr. Peter Davenport, in collaboration with a community-based association of people living with HIV/AIDS, called Association Espoir pour Demain (AED-Lidaw). Kevin and Peter founded HTH, with support from Kevin's brother, Thomas Fiori, in an effort to assist AED-Lidaw to provide HIV care and treatment services in northern Togo, where these services were not yet available. When HTH began working in Togo in 2004, AED-Lidaw consisted of 70 motivated individuals. Since then, our organizations have worked together to build a community-led model that provides comprehensive health care services to 2,843 adults and 152 children living with HIV/AIDS and employs nearly 95 community members across 5 health center sites in northern Togo. HTH's model for HIV/AIDS care is more than a medical program—it is a local response to the pandemic initiated, implemented and sustained by HIV-positive individuals living in extreme poverty.

### OUR APPROACH

HTH believes that communities can transform the dynamics of health care delivery. We train and support patients and community members to fill key service delivery roles as community health workers, psychosocial counselors, program coordinators, custodial and clinic support staff, and rights advocates. Their involvement ensures that our programs respond directly to patient priorities. By empowering community members, we see a range of practical benefits including decreased stigma, increased capacity and skills of local community members, greater patient engagement, increased information sharing, and higher staff motivation. Simply put, active community engagement leads to the delivery of more responsive health care services with increased capacity of the community to hold the health care system accountable for the quality and effectiveness of care delivered.

# MILESTONES



**JANUARY** | HTH/AED-Lidaw initiates **FIRST PATIENT ON ANTIRETROVIRAL THERAPY**, becoming the only HIV treatment facility in Togo outside of the capital, Lomé.

**JULY** | HTH/AED-Lidaw host first Camp Espoir for children infected and affected by HIV.

**SEPTEMBER** | HTH/AED-Lidaw launch **FIRST PREVENTION OF MOTHER TO CHILD TRANSMISSION PROGRAM** in northern Togo.

**SEPTEMBER** | HTH/AED-Lidaw enroll **1000TH PATIENT** in care.

**DECEMBER** | HTH/AED-Lidaw open 3rd health center in Ketao.

**JANUARY** | HTH/AED-Lidaw **ESTABLISH OFFICIAL PARTNERSHIP** with Togolese Ministry of Health.

**JUNE** | Togolese Ministry of Health accredits HTH/AED-Lidaw's main health center as ARV distribution center.

**APRIL** | HTH investments in Togo total **\$1 MILLION** to date.

**JUNE** | HTH becomes an official supported partner organization of Partners In Health through membership in the Praxis Network.



**FEBRUARY** | AED-Lidaw is founded by individuals living with HIV/AIDS who had no access to treatment services in northern Togo.

**SEPTEMBER** | HTH founded & establishes official **PARTNERSHIP WITH AED-LIDAW**.

**JANUARY** | HTH/AED-Lidaw host Togo's first national conference on Orphans and Vulnerable Children.

**MARCH** | HTH/AED-Lidaw open **2ND HEALTH CENTER** in Bafilo, **INITIATING POLICY OF DECENTRALIZED CARE**.

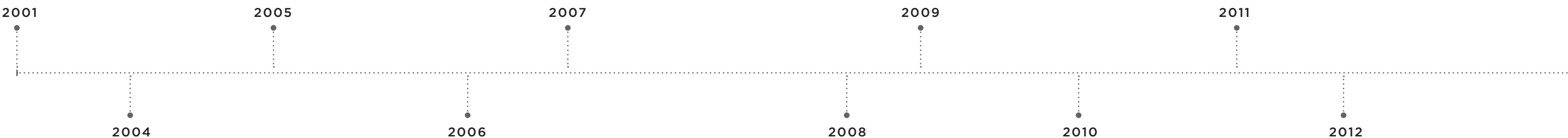
**OCTOBER** | HTH/AED-Lidaw open 4th health center in Kante.

**MARCH** | HTH/AED-Lidaw expand community health worker program throughout Kara Region, with support from the Global Fund to Fight AIDS, Malaria, and Tuberculosis.

**APRIL** | HTH/AED-Lidaw open 5th health center in Kabou.

**SEPTEMBER** | HTH opens first US office at the East Harlem School in NYC.

**OCTOBER** | HTH/AED-Lidaw selected as beneficiary of 5-year USAID grant to provide HIV services to at-risk populations in Togo.



## WHY TOGO?

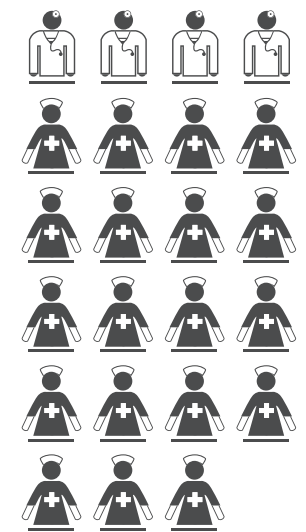
Guided by the belief that health care is a human right, Hope Through Health is providing critical services where few others do. Weakened by a history of political conflict resulting in the withdrawal of foreign assistance, Togo's public health care system lacks the resources to respond adequately to patient needs. Hope Through Health refuses to accept the status quo and is working with the public sector and community-based initiatives to expand access to health care in the marginalized nation of Togo.



**62%**  
OF TOGO'S  
POPULATION  
LIVES IN  
POVERTY



**TOGO HAS**  
**4** PHYSICIANS  
AND **19** NURSES  
PER **100,000**  
**PEOPLE**



**TOGO RANKS**  
**139** OF **169**  
ON THE HUMAN  
DEVELOPMENT INDEX



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2012 IMPACT

2,995 PATIENTS  
LIVING WITH HIV  
PROVIDED WITH  
COMPREHENSIVE CARE

572 INDIVIDUALS TESTED FOR HIV



7,038  
PRESCRIPTIONS  
F I L L E D



620  
PATIENTS RECEIVED  
REGULAR  
HOME-BASED  
C A R E

883 PATIENTS RECEIVED  
L I F E S A V I N G  
ANTIRETROVIRAL THERAPY



5th  
HEALTH  
CENTER  
OPENED



FIRST  
US OFFICE  
OPENED

195 NEW DONORS SUPPORTED OUR WORK



AND

FIRST USAID GRANT RECEIVED



SALLE D'INJECTION

Deux vies à protéger

MOTHERS BRING THEIR BABIES TO RECEIVE VACCINATIONS AT A LOCAL HEALTH CENTER

# PROGRAM HIGHLIGHTS: WOMEN AND CHILDREN

## TREATING PEDIATRIC HIV

According to UNICEF, over 11,000 children are living with HIV and more than 66,000 children have been orphaned by AIDS in Togo. The availability of effective treatment for children living with HIV offers the hope for longer lives. Hope Through Health's Orphans and Vulnerable Children Program aims to provide the highest possible standard of care, including lifesaving treatment, to children living with HIV. Our program also provides nutritional, educational and psychosocial support to children and their families to ensure that children are able to reap the full benefits of a healthy life.

152 CHILDREN LIVING WITH HIV PROVIDED WITH COMPREHENSIVE CARE

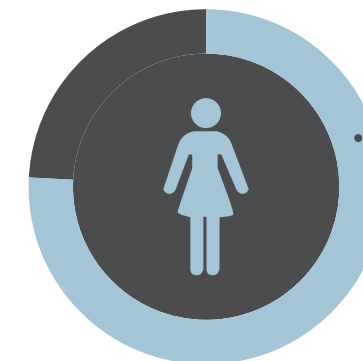


93 CHILDREN RECEIVED **LIFESAVING** ANTIRETROVIRAL THERAPY

## PREVENTING MOTHER TO CHILD TRANSMISSION

According to UNICEF, roughly 67,000 women of reproductive age are living with HIV in Togo. Access to a combination of preventative measures can significantly reduce the risk of mother-to-child transmission of HIV. However only 33% of pregnant women living with HIV in Togo currently have access to these services. Hope Through Health's Prevention of the Mother to Child Transmission Program aims to eliminate new pediatric HIV infections by providing easy access to care and comprehensive follow up to pregnant women living with HIV and their partners.

51 WOMEN ENROLLED IN PREVENTION OF  
MOTHER TO CHILD TRANSMISSION SERVICES



76%  
OF PATIENTS  
SERVED  
ARE **WOMEN**



## PROGRAM HIGHLIGHTS: COMMUNITY HEALTH WORKERS

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Providing high-quality care within a fragile health care infrastructure amidst the challenges of resource-scarcity requires a proactive, comprehensive approach that addresses both the social and biomedical determinants of health. Hope Through Health's Community Health Worker program is designed to connect patients to the public health care system. Community Health Workers provide the home-based support patients need to access health care services early and the follow-up required to remain healthy long after leaving the clinic or hospital. This approach leads to improved health outcomes and reduced costs by offering proactive, personalized and comprehensive care.



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41 ACTIVE COMMUNITY HEALTH WORKERS  
REGULARLY VISITED

162 CHILDREN AND 458 ADULTS

LIVING WITH HIV/AIDS

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1262 PSYCHOSOCIAL  
SUPPORT SESSIONS HELD

---

47 PATIENTS  
ENROLLED IN MONTHLY  
INCOME-GENERATING  
ACTIVITIES

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## MEET SADATE

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In 2006, Sadate was 10 years old and had been living in a small village with his grandmother since his parents passed away. Everyone in the village knew him to be an extremely sick child. However, he had never received modern medical treatment.

After completing one day of Community Health Worker (CHW) training organized by Hope Through Health, a newly trained CHW went to speak to Sadate's grandmother. The CHW convinced his grandmother to take Sadate to the nearest hospital, roughly 30 miles away. Sadate was hospitalized, tested positive for HIV and was immediately started on antiretroviral therapy. At ten years old, he weighed only 22 pounds.

After one month in the hospital Sadate was released and followed by a CHW. Within one year his weight doubled. He attended school for the first time and at 11 years old, he ran for the first time in his life. Today Sadate is 17 years old and thriving.



**LEFT**  
SADATE, 2006  
AGE 10

**RIGHT**  
SADATE, 2010  
AGE 15

## PROGRAM HIGHLIGHTS: CAPACITY BUILDING

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Elise was one of the thirty founding members of Hope Through Health's partner organization, Association Espoir pour Demain (AED-Lidaw). After falling extremely ill and learning she was living with HIV, Elise joined AED-Lidaw to seek support and to support others. When Hope Through Health initiated its partnership with AED-Lidaw, Elise was nominated to serve as treasurer. As she explains, "No one else would touch the money". Elise, who had completed formal education through the fourth grade, took on the difficult task of managing the financial systems for Hope Through Health. When Elise began she relied on basic systems of photocopying receipts and recording expenses in her notebook. Over time Elise worked closely with Patrick Aylward, a Peace Corps volunteer trained in small business development. Together with Patrick, Elise began learning more complex accounting systems. Today, nearly 8 years later Elise continues to serve as Hope Through Health's Financial Manager in Togo. She produces monthly financial reports using Excel and submits them to Hope Through Health staff in the US via email. Furthermore Elise has grown to become one of the most respected senior staff members of AED-Lidaw. She serves as a source of knowledge often providing guidance to her colleagues as well as a source of support and friendship. This past January, Elise was selected to represent Hope Through Health and AED-Lidaw at a regional conference for community-based organizations held in Bamako, Mali. Elise is an incredible woman. Beginning as a patient and embracing the role of staff member, Elise is a true advocate for her peers living with HIV in northern Togo. To Hope Through Health, Elise illustrates the potential of investing both time and resources in building the capacity of local community members, a core tenant of HTH's approach.







**A.E.D.**

**"LIDAW"**

**ORGANISATION DE PRISE  
EN CHARGE DES PERSONNES  
VIVANT AVEC LE VIH**

**aed**

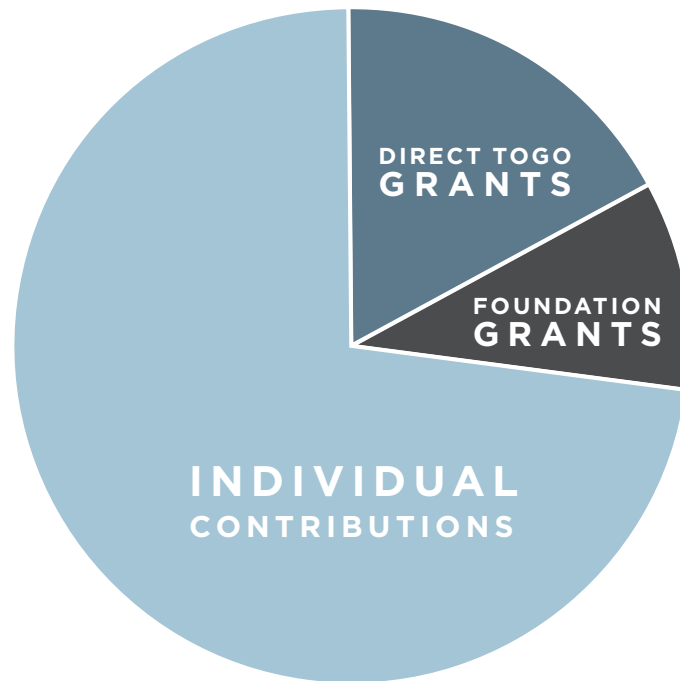
## FINANCIAL SUMMARY

**TOTAL 2012 REVENUE\***  
**\$ 206,532**

**73%**  
**INDIVIDUAL CONTRIBUTIONS**  
**\$151,063**

**17%**  
**DIRECT TOGO GRANTS**  
**\$35,469**

**10%**  
**FOUNDATION GRANTS**  
**\$20,000**



**TOTAL 2012 EXPENSES\***  
**\$ 219,907**

**90%**  
**PROGRAM SERVICES**  
**\$198,712**

**8%**  
**ADMINISTRATION**  
**\$17,618**

**2%**  
**FUNDRAISING**  
**\$3,577**



\*PENDING AUDIT REVIEW. 2011 AUDITED FINANCIAL STATEMENTS ARE AVAILABLE ON OUR WEBSITE.

SIMPLY PUT, ACTIVE COMMUNITY ENGAGEMENT LEADS TO THE DELIVERY OF MORE RESPONSIVE HEALTH CARE SERVICES WITH INCREASED CAPACITY OF THE COMMUNITY TO HOLD THE HEALTH CARE SYSTEM ACCOUNTABLE FOR THE QUALITY AND EFFECTIVENESS OF CARE DELIVERED.

## BOARD AND STAFF

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### STAFF

Jennifer Schechter, MSW, MPH | **EXECUTIVE DIRECTOR**

Andrew Lopez, MSW | **PROGRAM DIRECTOR**

### AUXILIARY STAFF

Dawn Fiori | **CO-FOUNDER AND FINANCE DIRECTOR**

Kevin Fiori Jr., MD, MPH | **CO-FOUNDER AND ASSOCIATE DIRECTOR**

Jonathan Lascher | **OUTREACH COORDINATOR**

Patrick Aylward, MBA | **MONITORING, EVALUATION AND QUALITY COORDINATOR**

Michael Stockman, MPH | **GRANTS COORDINATOR**

Mark Kennell | **FIELD LIAISON**

Nicole Kennell | **FIELD LIAISON**

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Paige Lapen, MPH, Blue Zones Project-Beach Cities

Ryan McCannell, U.S. Agency for International Development (USAID)

George Monagan, MA, Health Alliance International

Thomas Fiori, MEd, Co-Founder and Director Emeritus

Louise Krumm, United States Peace Corps, Director Emeritus

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AZOUMAH Komi Déladem, MD | **MEDICAL DIRECTOR**

TAKAO WARGA Tobra | **FINANCE DIRECTOR**

KOTEDJA Songuen-Pale | **MONITORING, EVALUATION AND QUALITY DIRECTOR**

# SUPPORTERS

*Hope Through Health would like to sincerely thank all of our supporters for standing in solidarity with individuals living with HIV in Togo, West Africa.*

## INDIVIDUALS, FAMILY FOUNDATIONS AND ORGANIZATIONS

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Anonymous  
Kevin and Deborah Fiori

### VISIONARIES CIRCLE (\$5,000 - 9,999)

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Matching Gifts Program

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Crystal Bernal  
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Adrienne Carson  
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