

A woman with a warm smile is the central figure, wearing a vibrant blue, yellow, and green patterned dress and a matching headwrap. She is seated outdoors, with lush green foliage in the background. In front of her is a white notebook, and she holds a pen over it. To her left, another person's arm and a yellow patterned cloth are partially visible. A white text box with a blue border is overlaid on the left side of the image.

HOPE THROUGH HEALTH

2013

ANNUAL REPORT

CONTENTS

DIRECTOR'S MESSAGE	7
OUR MISSION	9
2013 IMPACT	11
ROSE'S STORY	13
WHY HEALTH?	15
WHY TOGO?	17
OUR MODEL	19
PROGRAM HIGHLIGHTS	
TECHNOLOGY	21
MATERNAL & CHILD HEALTH	23
COMMUNITY HEALTH WORKERS	25
MEET JUSTINE	26
FINANCIALS	27
BOARD, STAFF & ADVISORS	29
SUPPORTERS	31





FROM THE DIRECTOR

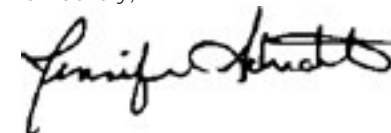
Dear Friends,

The past year was an exciting year of growth for Hope Through Health and our partner organization, AED-Lidaw. We stewarded important developments within our teams, both in the US and Togo, and began to see the impact of these changes on the lives and health of our patients in Togo. Our team in Togo saw the addition of a skilled new Medical Director, who has brought vision, determination and an unwillingness to accept the status quo, which matches that of our patients. Under his direction and that of our incredible executive leadership team, our entire staff is working at maximum productivity to constantly learn from our challenges and improve the quality of healthcare services we deliver to our patients in Togo.

The results of this hard work by our entire staff are improved health outcomes for our patients. This year, with more than 900 patients receiving lifesaving antiretroviral therapy (ART), we are thrilled to report a 90% adherence rate, meaning that our community and clinic-based systems for retaining patients in care are working. Furthermore, less than 1% of our patients on ART were lost from care, an astounding success. These developments are the direct result of our team of 33 full-time, trained and paid Community Health Workers, the majority of whom are also patients themselves, who work tirelessly to provide essential support and follow up to patients in their homes and communities. You can learn more about these local heroes in the following pages and on our website.

Finally, none of Hope Through Health's success in 2013 would have been possible without our partners, both organizations and individuals. Our close collaboration with the Ministry of Health in Togo is a key driver of our success. As is our work with other local actors including the Global Fund for AIDS, Malaria and TB, United Nations Development Programme, Platforme and the US Peace Corps. We are thrilled to be working more closely with innovators here in the US such as Partners In Health, ThoughtWorks, Dimagi, Hopsie and the brilliant students of GlobeMed at MIT. A vast majority of what we do is made possible by generous pro-bono investments of time and expertise by our technical, financial, and legal advisors. But most humbling is the incredible confidence of our supporters who continue to invest generously in our work. Your contributions are what have allowed our organization to continually strive to better serve our patients in Togo. On their behalf, please accept our sincere and heartfelt gratitude for your ongoing support. I hope that you see the fruits of your investments reflected in the pages of this 2013 Annual Report. We are deeply grateful for your commitment to stand in solidarity with our friends in Togo.

Sincerely,



Jennifer Schechter, MSW, MPH
Executive Director

HOPE THROUGH HEALTH

MISSION

Hope Through Health delivers effective, efficient, community-based healthcare in neglected settings like Togo, West Africa.

VALUES

HOPE | HTH believes that better health outcomes are possible even when there is some evidence to the contrary.

HEALTH | HTH believes that health is more than the absence of disease or infection but includes the promotion of social, economic, educational and spiritual wellbeing.

EQUITY | HTH believes in working to address the root causes of social and economic injustice to ensure that all individuals have an equal right to live healthy and productive lives.

SOLIDARITY | HTH believes in working alongside and in collaboration with the people we serve to ensure responsiveness to their specific needs.

COMMITMENT | HTH believes in making long-term investments to address global health inequities and bring about greater justice.

OPERATING PRINCIPLES

PARTNERSHIP | Establishing long-term relationships with local governments and communities in which all parties have an equal voice.

HEALTH SYSTEMS STRENGTHENING | Strengthening the capacity of the public sector to effectively scale up quality healthcare services.

COMMUNITY CAPACITY BUILDING | Supporting local groups engaged in improving the health of their own communities through medical, psychological and/or educational activities.

ACCESS TO HEALTHCARE | Eliminating barriers in order to improve access to quality healthcare for all.

GENDER BASED PROGRAMMING | Prioritizing services for women and children as the most effective means to strengthening entire communities.

EVIDENCE BASED PRACTICE | Implementing medical and public health interventions through decision-making based on the best available evidence and information.

MOVEMENT BUILDING | Fostering engagement and building connections across the globe in order to combine efforts into a larger movement for social justice.

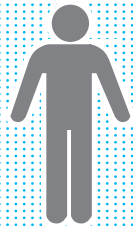


WE BELIEVE

everyone deserves access to healthcare regardless of the latitude and longitude of their birthplace.

2013 IMPACT

• IN 2013 •
HOPE THROUGH HEALTH
PROVIDED CARE TO



1,558
ADULTS

• AND •



154
CHILDREN
LIVING WITH HIV/AIDS

 100%
OF BABIES BORN
HIV-FREE

300%
INCREASE
IN PEOPLE TESTED
FOR HIV

 1026
PATIENTS
VISITED BY
COMMUNITY
HEALTH WORKERS

 7,590
MEDICAL
CONSULTATIONS

90%
ADHERENCE
TO LIFESAVING
ANTIRETROVIRAL
THERAPY



1 NEW
CONTRACT
SIGNED WITH
THE GLOBAL FUND

1ST FULL-TIME

MEDICAL
DIRECTOR
HIRED



86%
INCREASE
IN TOTAL
REVENUE

61%
INCREASE
IN FUNDS
RAISED LOCALLY

5 NEW FOUNDATION PARTNERSHIPS ESTABLISHED

938 PATIENTS RECEIVED LIFESAVING ANTIRETROVIRAL THERAPY

• 1 MOBILE CD4 TESTING MACHINE PURCHASED •



ROSE'S STORY



“I MET ROSE ON MY FIRST VISIT to Kara in 2003. A group of patients were assembled at the first office of AED-Lidaw to welcome me. Rose stood and shared her story. She had lost her daughter at only a few months old, then her husband shortly thereafter. When she learned she was living with HIV, her husband’s family threw her out of her home and she lost her job. But the message that Rose had for me that day was not one of despair, rather it was one of resilience and hope. She wanted to prevent what had happened to her from happening to others and was prepared to advocate, not only for her own right to health, but for that of all others living with HIV.

Rose’s and her colleagues’ determination to do the seemingly impossible—provide a treatment option for those living with HIV—is what inspired the partnership between Hope Through Health and AED-Lidaw, now in its 10th year. It is Rose’s unwavering dedication that fuels the movement to deliver healthcare to those in need. Today Rose, one of the first patients in northern Togo started on lifesaving, antiretroviral therapy, is one of Hope Through Health’s longest serving Community Health Workers. She is the healthy mother of an adopted daughter and a model to community members both local and global.”

Kevin Fiori, MD, MPH
Co-founder and Clinical Director, Hope Through Health



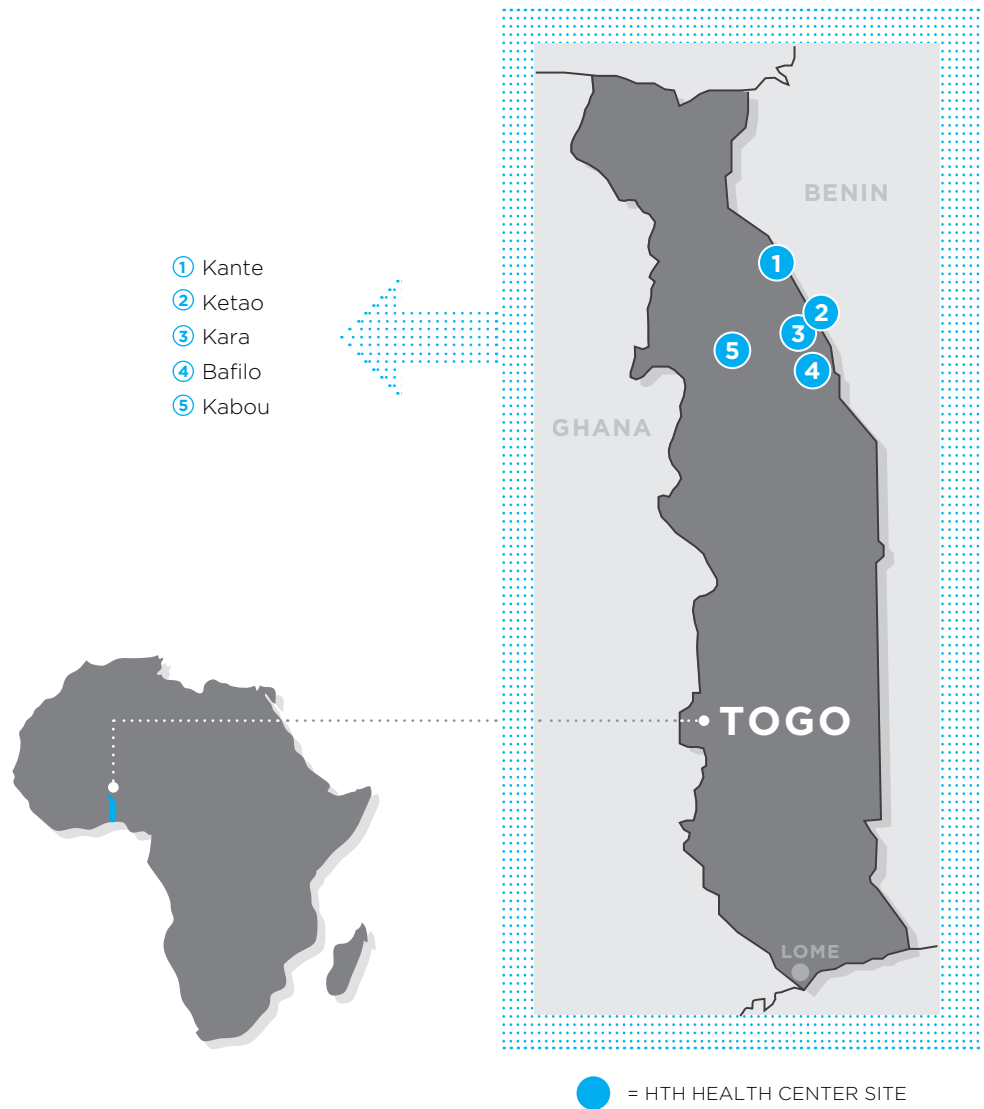
WHY HEALTH?



700 MILLION PEOPLE lack access to adequate healthcare worldwide including nearly 5 million in Togo alone. Hope Through Health knows that good health is the first step on the road out of poverty. We believe that investing in a nation's health infrastructure can have tremendous returns for the economic health of a nation and its people. We work to improve not just the health, but also the overall wellbeing of individuals and their communities.

WHY TOGO?

HOPE THROUGH HEALTH ADDRESSES the challenge of inadequate healthcare in Togo, a country that is tremendously underserved by global health organizations, governments, and nonprofits. Approximately 62% of Togo's population has geographic access (< 5km) to public health facilities, but only 30% of the population uses these facilities, according to the Togolese Ministry of Health. In addition to geographic and financial barriers, poor quality and perceived poor quality of care have been found to contribute to low utilization rates in Togo. Facing one of the most severe health worker shortages in Sub-Saharan Africa, the public health system is unable to respond to the population's health needs. Hope Through Health refuses to accept the status quo in Togo and is providing critical health services where few others do.



TOGO RECEIVES
8X LESS
AID FOR HEALTH
THAN GHANA



TOGO RANKS
159 OF **187**
ON THE HUMAN
DEVELOPMENT INDEX

HOPE THROUGH HEALTH

improves access to quality healthcare through strong partnerships and rigorous evaluation.



OUR MODEL

PARTNERSHIP

PARTNERSHIP is one of Hope Through Health's core operating principles. Hope Through Health establishes long-term partnerships with governments and communities in which all parties have an equal voice. Hope Through Health also partners with like-minded organizations and individuals in the field of global health delivery to adapt best practices for implementation in Togo.

ACCESS

Removing the barriers to **ACCESSING HIGH QUALITY HEALTHCARE** is a core operating principle of Hope Through Health. Hope Through Health relies on a network of Community Health Workers, local community members recruited, trained and paid by Hope Through Health, to provide home-based care and support to patients. In a country where 7 out of 10 people do not have access to healthcare, Community Health Workers break down geographic and financial access barriers and rebuild the community's trust in the public healthcare system.

QUALITY

Hope Through Health believes that a strong national healthcare system is key to the long-term health and economic success of any nation. Hope Through Health works within public health centers to strengthen core management systems that improve the provision of healthcare services. By providing training and mentoring in clinical care, as well as finance, operations and human resource systems management, Hope Through Health staff build the capacity of public sector staff to efficiently and effectively **DELIVER QUALITY HEALTHCARE**.

EVALUATION

Hope Through Health rigorously collects, monitors and **EVALUATES ESSENTIAL DATA** to inform continuous quality improvement. Hope Through Health employs a reporting dashboard and feedback loop process to facilitate timely review and discussion. More than 50 direct service providers collect data, which is compiled by a Togo-based Director. The trends and patterns are discussed monthly by all staff. Quarterly dashboards are prepared and shared with US-based staff and partners. New technology projects are in development to improve the efficiency of monitoring, evaluation and quality improvement practices.

PROGRAM HIGHLIGHTS TECHNOLOGY

2013 BROUGHT the formation of exciting new partnerships, which paved the way for technological developments on the ground in Togo. Hope Through Health continued our successful partnership with GlobeMed at MIT and established new partnerships with Thought-Works, Dimagi, and Indigo Trust. Through these partnerships, we continued computer literacy training for all staff, launched a mobile health program with Community Health Workers, transitioned to electronic data collection in all five sites and installed Internet capability in our central clinic. Together with these amazing partners we are maximizing technological innovation to address current bottlenecks and to plan for improved quality and efficiency as our programs continue to grow.

6 COMMUNITY
HEALTH
WORKERS
TRAINED IN
GPS MAPPING

25 STAFF
TRAINED IN
COMPUTER
LITERACY

15 NEW COMPUTERS USED BY TRAINED STAFF



 **100%**
OF BABIES BORN
HIV-FREE

 **80%** OF
PATIENTS ARE
WOMEN & CHILDREN

**1 TRUCKLOAD OF
MATERNAL HEALTH AND
FAMILY PLANNING SUPPLIES
DONATED BY THE
MINISTRY OF HEALTH**



IN AN EFFORT TO STREAMLINE SERVICES and improve the quality of care offered to our patients, HTH began offering enhanced maternal health services, including pre- and post-natal consultations and access to family planning, in our Kara clinic in 2013. Three new full-time staff members, a physician's assistant, a midwife and a nurse, support these services. A generous donation of maternal health supplies, including an examination table, lamps, various methods of birth control and other essential materials, sent from the Togolese Division of Family Health and the United Nations Population Fund helped to launch this expansion of services.

PROGRAM HIGHLIGHTS MATERNAL & CHILD HEALTH



"We have the tools at our disposal to help women, mothers, live longer, more productive lives. We have the capacity to ensure that no new child is born with HIV. These are not goals that we aspire to. These are moral imperatives that we must achieve."

—Kevin Fiori, MD, MPH
Co-founder and Clinical Director,
Hope Through Health



PROGRAM HIGHLIGHTS

COMMUNITY HEALTH WORKERS



 **1026**
PATIENTS
VISITED BY
COMMUNITY
HEALTH WORKERS

COMMUNITY HEALTH WORKERS (CHWs) reduce rates of loss to follow up and improve rates of adherence to antiretroviral therapy (ART), thereby strengthening Hope Through Health's HIV/AIDS treatment program. In 2011, only 60% of eligible patients had access to ART in Togo and a significant number were lost to follow up. Paid, trained and supervised CHWs, recruited among individuals living with HIV, conduct active follow up and provide peer-based support to HIV-positive individuals to address both the social and biomedical determinants of health. Working in collaboration with clinic-based staff, CHWs help retain patients in care. This proactive, family-centered and home-based approach to care leads to improved health outcomes for HIV exposed children and adults.

LESS THAN 1%
OF PATIENTS ON
ART LOST TO
FOLLOW UP

33 FULL-TIME, TRAINED, PAID **COMMUNITY HEALTH WORKERS**

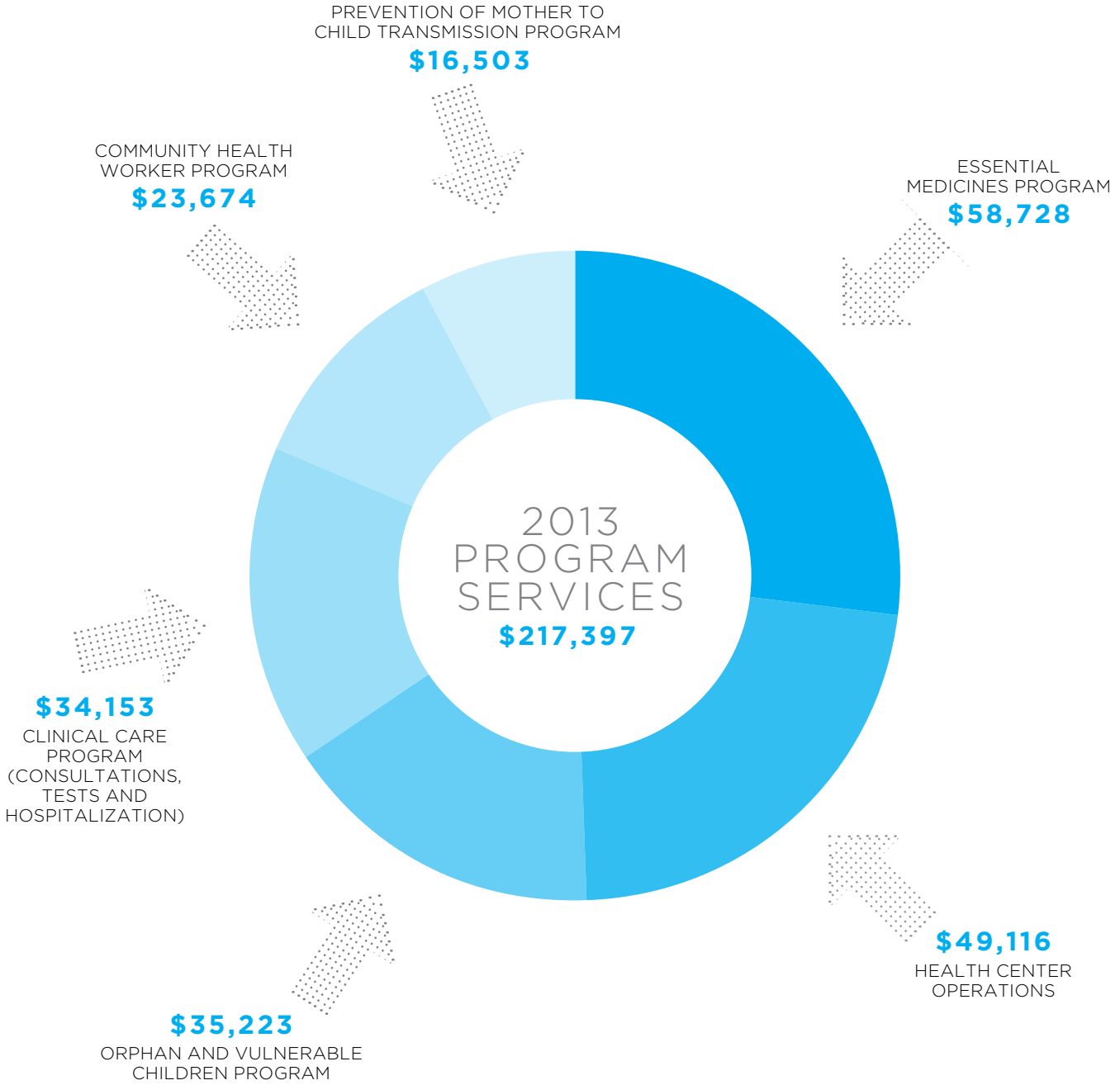
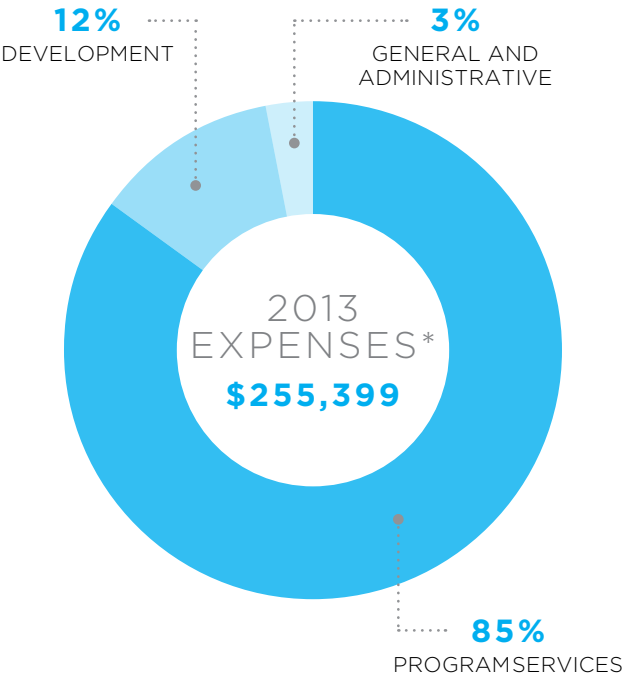
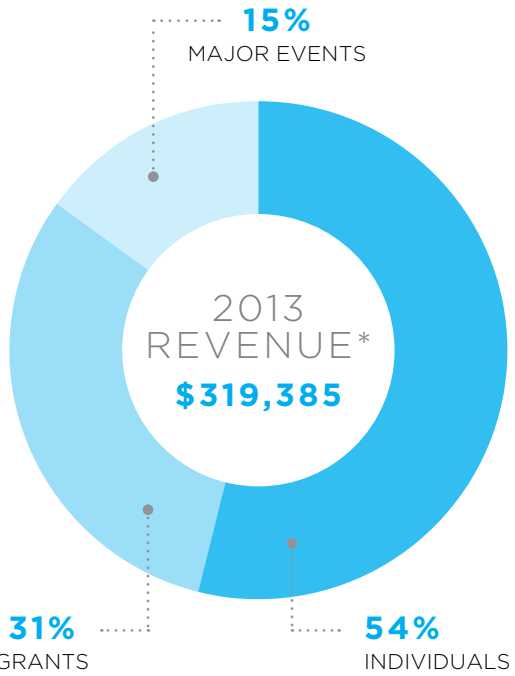
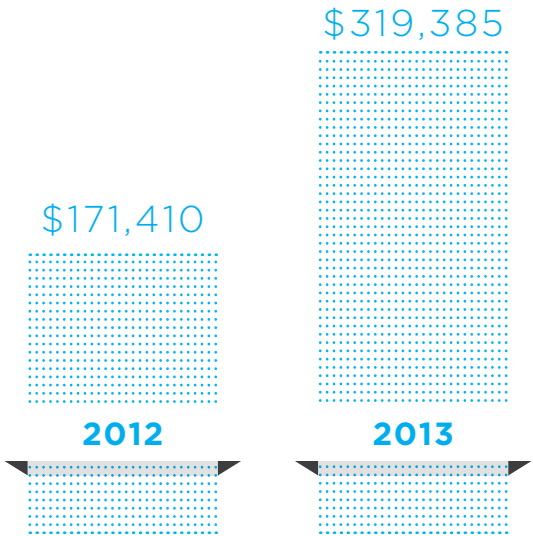


MEET JUSTINE

BEFORE Justine started working for Hope Through Health as a Community Health Worker (CHW) in 2006, she used to sell used clothes at the market. She is widowed with three children, and is incredibly caring and maternal with both her patients and coworkers. Many of Justine's patients are children, who are often so excited to see her that they greet her with huge hugs. As a veteran Community Health Worker, Justine also mentors her fellow CHWs, whether it be checking in on how their days went, or providing guidance in navigating new systems. Justine's charisma and warmth, paired with her practicality and experience, make her an invaluable community leader.

FINANCIAL SUMMARY

TOTAL REVENUE*



* PENDING AUDIT REVIEW. 2012 AUDITED FINANCIAL STATEMENTS ARE AVAILABLE ON OUR WEBSITE.



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MEDWAY, MA 02053

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MATCHING GIFT

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FRIEND OR FAMILY MEMBER

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HEALTH WORKER

MAKE A PLANNED GIFT

SHARE STOCK

MAKE AN IN-KIND DONATION

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VOLUNTEER YOUR SERVICES

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