



HOPE THROUGH HEALTH

2016 ANNUAL REPORT

HOPE THROUGH HEALTH

**HEALTH IS A HUMAN RIGHT,
FOR EVERYONE, EVERYWHERE.**





CLOCKWISE FROM TOP Co-founders Jenny and Kevin sit in on a coordination meeting between HTH staff and government partners. Community Health Worker (CHW) Skon Toba carries his box of supplies back to his village. CHW Ruth Tchiou leads a community meeting on the importance of prenatal consultations. CHW Rebecca Tchotchokou's son Eloge plays while his mom attends a training.

FROM THE FOUNDERS

Dear Friend,

This year marked a significant turning point for Hope Through Health. This year, we built upon a successful ten-year history of providing high quality HIV/AIDS care and expanded our reach with the launch of a new Maternal and Child Health program. We grew to serving a population of nearly 40,000. Adapting Hope Through Health's proven model, the Maternal and Child Health program has extended access to high quality primary healthcare to four new health centers covering more than 50 villages in northern Togo.

At Hope Through Health we believe that everyone deserves access to high quality care, regardless of the latitude and longitude of their birthplace. In 2004, while serving as Peace Corps Volunteers in northern Togo, we were shocked by the reality that while antiretroviral therapy was available around the globe, AIDS was still a death sentence for our friends living in Togo. Working in partnership with a dynamic group of community activists, people living with HIV, who believed they had a right to live, Hope Through Health's model was built to address this crisis, to rectify this injustice.

It was rightly then our own patients, mothers living with HIV who had given birth to healthy HIV free babies through Hope Through Health's prevention program, who turned our attention to a new area of need. Grateful to have given birth to HIV-free infants, these mothers were deeply afraid

of losing their children to the real and present threat of other diseases, namely malaria, pneumonia and diarrhea, which are responsible for nearly 50% of child deaths in Togo.

At the request of these mothers, we worked with local community members and government officials to expand our program to provide lifesaving care to more women and children in Togo. Over the past year, more than 7,000 women and children have received direct healthcare services and four public health centers have been transformed into examples of what every public health center in Togo can and should be. Most importantly, this program is providing a model and robust evidence base to support the replication and scale of Hope Through Health's model nationally in partnership with the Government of Togo.

The tremendous impact that Hope Through Health has had this year and the continued growth that we anticipate, would not be possible were it not for our outstanding team members. Each Hope Through Health employee is an inspiring example of dedication to improving the lives of their fellow community members. Even with such an outstanding team, we simply could not do this work alone. It is you, our partners and supporters, who allow us to sustain our impact, to grow and expand, and to continue to realize our vision of a world in which everyone, everywhere has access to high quality healthcare. We wish to express our deepest gratitude for your support. Thank you for standing with our patients, standing with Hope Through Health, standing with Togo.

With gratitude,

Jenny Schechter, Co-Founder and CEO
Kevin Fiori, Co-Founder and Chief Strategy Officer





WHO WE ARE

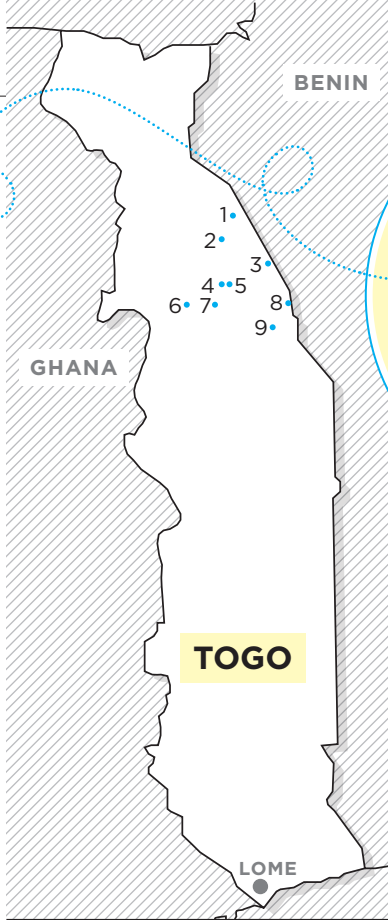
HOPE THROUGH HEALTH was founded in response to an acute need for HIV/AIDS care in northern Togo. In 2004, a group of Peace Corps Volunteers began working with a community-based association of individuals living with HIV/AIDS, known as Association Espoir pour Demain (AED-Lidaw). The members of AED-Lidaw had come together to advocate for access to HIV treatment, which was not yet available in northern Togo. They refused to accept that people were dying from AIDS simply because of where they lived. Hope Through Health was founded as a response to this crisis.

Following ten years of delivering high quality healthcare to individuals living with HIV, Hope Through Health expanded the services we provide to serve more women and children. At the request of the Government of Togo and our patients, Hope Through Health launched the Maternal and Child Health expansion in August 2015. This program has allowed Hope Through Health to reinforce maternal and child health services at some of the poorest performing health centers in northern Togo and begin to develop the evidence necessary to replicate and scale our model nationwide. Hope Through Health, in partnership with the Government of Togo, plans to bring healthcare to the nearly 5 million people in Togo who currently lack access and to significantly reduce preventable deaths of women and children.

CLOCKWISE FROM TOP
Community Health Worker (CHW) Honorine Toyou with her daughter. CHWs sing and dance before a morning training session. Patients goof around at the monthly Club Hope enrichment day. CHW Afi Kpaba practices preparing oral rehydration solution during a training. CHWs pick up supplies.

WHY TOGO?

AND...
WHERE
IS
TOGO?



HEALTH CENTER SITES

1 KANTE

2 SARAKAWA

3 KETAO

4 ADABAWERE

5 KARA

6 KABOU

7 DJAMDE

8 KPINDI

9 BAFILO

*Community
Health Worker
Rebecca
Tchotchokou
performs a
rapid malaria
test.*

TOO MANY CHILDREN DIE needlessly in Togo. Roughly 1 in 10 children born in Togo will die before their 5th birthday. That's 15 times the child mortality rate for developed countries. The majority of these deaths are caused by easily preventable conditions that could be treated at very low costs. Unfortunately, Togo lacks the health systems needed to deliver these cost-effective, life-saving treatments. Currently 70% of the population of Togo lives without basic health services, especially in the remote northern half of the country. Nearly 40 years of political instability has left this small West African nation lacking in both basic health infrastructure and international assistance that could support health services. Fortunately, the situation is improving and Togo is emerging as an increasingly stable and democratic nation. Hope Through Health is engaged in a long-term partnership with the Government of Togo to help rebuild the nation's healthcare system.



CLOSING THE HEALTHCARE DELIVERY GAP



CLOCKWISE FROM TOP

Clinical Mentor
Fabrice Kedetche
coaches birth
attendant Ariza
Takounadi.
**Community Health
Worker (CHW)**
Reine Tchewafei
counsels a pregnant
woman in her home.
Ama holds her
granddaughter after
she was treated for
malaria by CHW
Afi Kpaba. CHW
Kossiwa Kola
collects census data
in a household.
CHW Kpaba
travels by bike
to visit a patient
in their home.



WHAT WE DO

HOPE THROUGH HEALTH makes the healthcare system work, so that patients *want* to use it.

OUR APPROACH

MODEL

STUDY

WORK

a better system
of healthcare
delivery in
existing public
sector clinics

and improve
systems through
robust research,
routine analytics,
and continuous
quality improvement
efforts

with the
Government
to replicate and
scale a better
healthcare
delivery system
on a national
scale

OUR MODEL

HOPE THROUGH HEALTH implements an integrated clinic and community-based approach to health systems strengthening in partnership with the Government of Togo. Our model offers a package of services designed to simultaneously address the four main barriers to accessing quality healthcare in Togo.

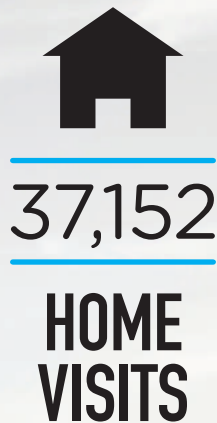
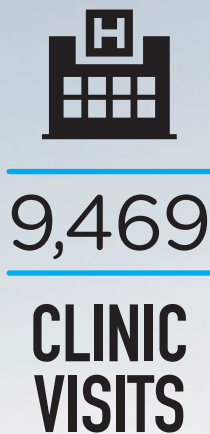
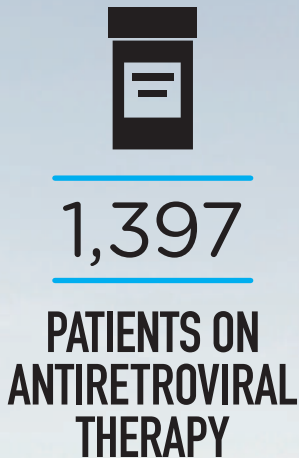
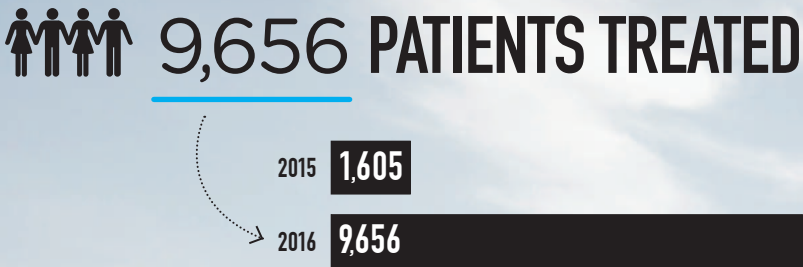
PROACTIVE CARE delivered by Community Health Workers

CLINICAL MENTORING to improve quality of care

SUPPLY CHAIN MANAGEMENT training to eliminate stockouts

ELIMINATION OF FEES for pregnant women and children under five

BY THE NUMBERS



MATERNAL AND CHILD HEALTH

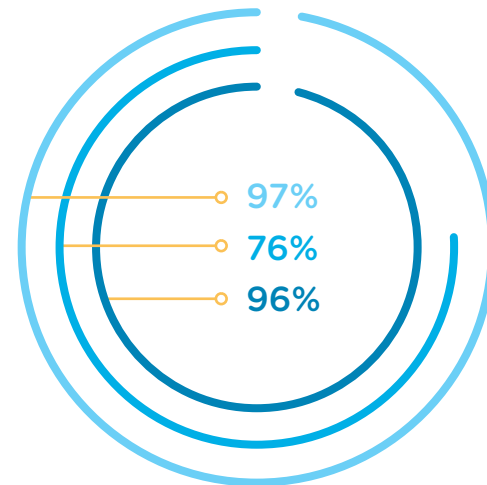


TOP **Community Health Worker (CHW) Ruth Tchiou** collects census data in a household.
 BOTTOM **CHW Justine N'danatche** performs a rapid malaria test.

IN AUGUST 2015, Hope Through Health launched the Maternal and Child Health program to increase access to, timeliness of and quality of healthcare services for pregnant women and children under five in northern Togo. The goal of this program is to decrease rates of maternal and child morbidity and mortality over the long term. To accomplish its goals, this program has implemented an integrated clinic and community-based approach to health systems strengthening in four public sector clinics selected by the Director of the Kozah District Health Department based on their lack of existing child health services and poor utilization rates. This project serves a total population of nearly 40,000 people across three rural communities and one peri-urban community.

IMPACT TO DATE

- **ACCESS**
97% patients treated
- **TIMELINESS**
76% cases treated within 72 hours
- **QUALITY**
96% Community Health Worker adherence to clinical protocols



OUR COMMUNITY HEALTH WORKERS

HIV/AIDS

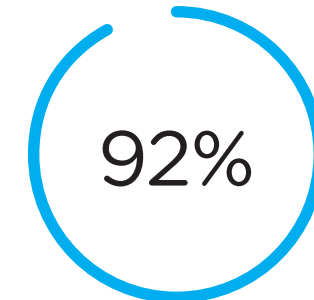
HOPE THROUGH HEALTH'S HIV program began in 2005 with three patients started on lifesaving antiretroviral therapy. Today Hope Through Health provides care for nearly 2,000 patients living with HIV across five health centers and coordinates a regional program of the Global Fund to Fight AIDS, Malaria and Tuberculosis. Hope Through Health's HIV care program relies on the use of Community Health Workers, who are themselves living with HIV, to extend clinic based care into patients homes and to provide psychosocial support. As a result, the program maintains high rates of adherence to antiretroviral therapy.

Hope Through Health operates a Prevention of Mother to Child Transmission program to prevent the transmission of HIV to infants. This program has documented high rates of adherence among patients assigned a Community Health Worker. Hope Through Health also offers integrated family planning services in an effort to streamline service delivery and increase access for patients. Following this service integration nearly 50% of women living with HIV had adopted an FP method, up from 12% at baseline. The Togolese Ministry of Health has recognized Hope Through Health for its successful HIV/AIDS programs. Hope Through Health's Antiretroviral Adherence Program was accredited by the Ministry of Health as one of the first public antiretroviral distribution sites in Togo. Hope Through Health's Pediatric HIV Program has been selected by the Ministry of Health as a center of excellence.



**MAKING HEALTHCARE
WORK SO PEOPLE
WANT TO USE IT**

CLOCKWISE FROM TOP
Patients line up during a vaccination campaign. Birth attendant Motchonesso Palanga checks a pregnant woman's blood pressure. A young patient being weighed by a Community Health Worker during a home-based consultation. Birth attendant Sadia Tchafaram provides a prenatal vaccine in the Sarakawa clinic. Clinical Mentor Fabrice Kedetche models clinical techniques for Birth Attendant Ariza Takougnadi.



**ADHERENCE TO
ANTIRETROVIRAL
THERAPY**



1,817

**PATIENTS
LIVING
WITH HIV
ENROLLED
IN CARE**

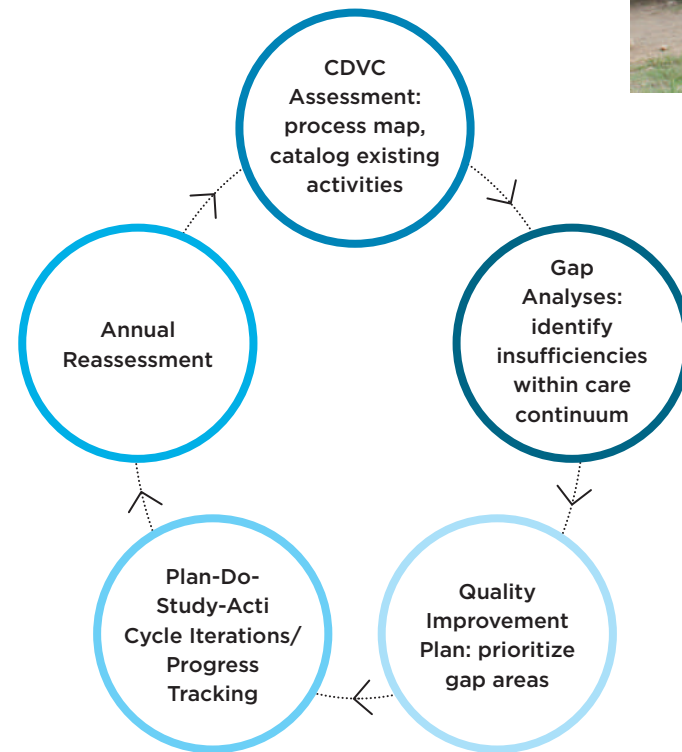


100%

**BABIES
BORN
HIV-FREE**

QUALITY IMPROVEMENT

IN ADDITION TO routine program reporting and larger research initiatives, Hope Through Health implements an innovative approach to ensuring continuous quality improvement across our HIV and Maternal and Child Health programs. Hope Through Health utilizes the Care Delivery Value Chain (CDVC), a framework that maps activities required to provide effective and responsive care for a patient with a particular disease across the continuum of care. By mapping activities along a value chain, the CDVC enables managers to better allocate resources, improve communication and coordinate activities. Hope Through Health staff use the CDVC to develop specific annual quality improvement plans for each program. These plans are monitored and discussed quarterly. Hope Through Health staff members use their quality improvement plans to guide weekly work planning and ongoing activities. These plans give team members a road map to follow to ensure the provision of high quality care across all of our programs.



CLOCKWISE FROM TOP Medicines are prepared for delivery to rural sites. Pharmacist Pauline Nachigbi relaxes in between serving patients. Physician's Assistant Gloria Kloukpo leads a weekly team meeting.

WE'RE IN PRINT

AIDSCARE PUBLICATION

In a recent publication, Hope Through Health reports on the successful application of the CDVC as a strategy to optimize care delivery and inform quality improvement (QI) efforts with the overall aim of improving care for Pediatric HIV patients in Togo, West Africa. Over the course of 12 months, 13 distinct QI activities in Pediatric HIV/AIDS care delivery were monitored, and 11 of those activities met or exceeded established targets. Examples included: increase in infants receiving routine PCR testing at 2 months (39% to 95%), increase in HIV exposed children receiving confirmatory HIV testing at 18 months (67% to 100%), and increase in patients receiving initial CD4 testing within 3 months of HIV diagnosis (67% to 100%). The CDVC was an effective approach for evaluating existing systems and prioritizing gaps in delivery for QI over the full cycle of Pediatric HIV/AIDS care in three specific ways:

- 1 facilitating the first comprehensive mapping of Pediatric HIV/AIDS services,
- 2 identifying gaps in available services, and
- 3 catalyzing the creation of a responsive QI plan.

The CDVC provided a framework to drive meaningful, strategic action to improve Pediatric HIV care in Togo.

NATIONAL POLICY AND PARTNERSHIPS

THIS YEAR Hope Through Health opened our first office in Togo's capital, Lomé, in order to strengthen our efforts to support national policy development. Hope Through Health works hard to share the data emerging from our programs in northern Togo with key policy and decision-makers throughout the country. Building on this data, Hope Through Health is working to support the Government of Togo to develop a robust national health strategy capable of meeting the nation's ambitious goals for improving health, ending preventable deaths and jumpstarting a cycle of economic development for the country. Hope Through Health is grateful for the support of our local advisory council, thoughtful leaders who are committed to creating a stronger national health-care system in their country.

"I AM HAPPY WHEN I SEE A PREGNANT WOMAN, WHO AFTER NINE MONTHS FINDS JOY IN THE FIRST CRIES OF HER NEWBORN BABY. I KNOW THAT THIS CHILD WILL GROW UP WITH ACCESS TO HEALTHCARE, THANKS TO THE WORK OF HOPE THROUGH HEALTH."

—Dr. Viviane Kpakpo, Health Director, Kozah District, Togo



CLINTON GLOBAL INITIATIVE

Jennifer Schechter with President Bill Clinton. Hope Through Health's Commitment to Action, [Healthy Moms and Babies: Ending Preventable Deaths in Togo](#), was announced at the 2015 Clinton Global Initiative Annual Meeting.

DIRECT RELIEF

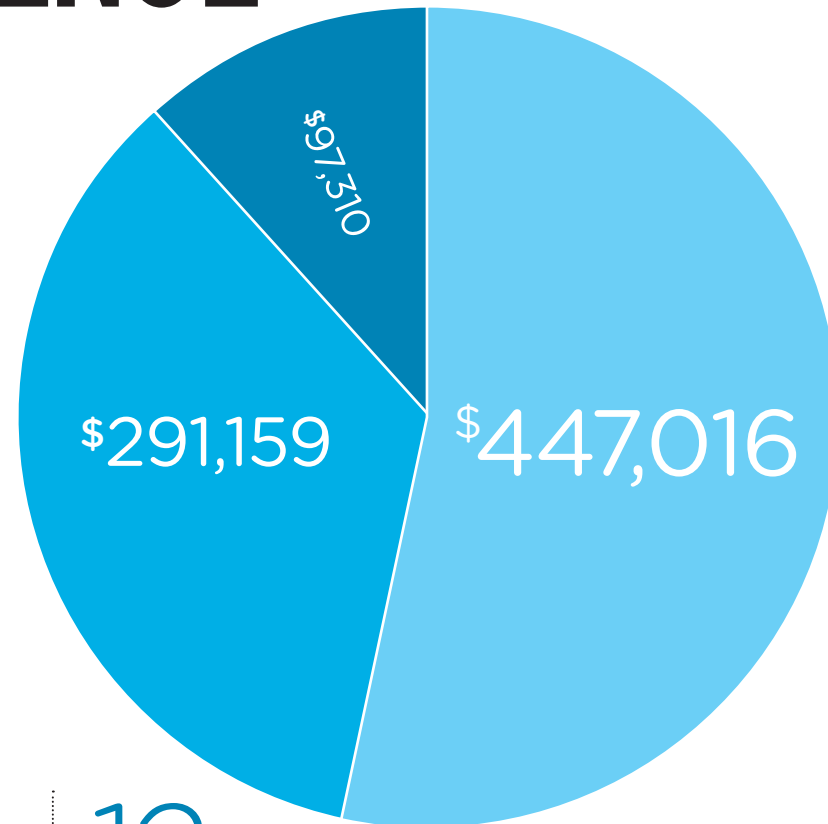
Hope Through Health received midwife kits donated by Direct Relief to coincide with the launch of the Maternal and Child Health program. Each kit provides the supplies required for [50 safe deliveries](#).



FINANCIALS JULY 1, 2015 — JUNE 30, 2016

TOTAL REVENUE

\$835,485



54%
GRANTS

35%
INDIVIDUALS

12%
IN-KIND

* PENDING AUDIT REVIEW. PAST YEAR AUDITED FINANCIALS ARE AVAILABLE ON OUR WEBSITE

TOTAL EXPENSES

6%
FUNDRAISING

9%
ADMINISTRATION

85%
PROGRAMS

\$38,749

\$56,723

\$560,509

\$655,712

SUPPORTERS + PARTNERS

Jerome Agba	Elizabeth Cambria	Dining For Women
Aid for Africa	Arturo Campos	Direct Relief
Ted Alcorn	Kate Candon	Rebecca Distler
Aliza Family Foundation	Capital One	Lauren Dockweiler
AllPeopleBeHappy	Carnegie Corporation of New York	Jeremy Dodd and Kelsy Baker
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Mary Wedgewood
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Casey Whitsett
Devin Williams
Lanre Williams
Deanna Witt
Jennifer Yarter
Cathy Yu
Risa Zeigler

***Every attempt has been made to ensure accuracy in the donor list. However, in compiling such a list, omissions and misspellings sometimes occur. Please advise us of any errors by emailing Emily Bensen at ebensen@hthglobal.org. Thank you.**



IMPROVING HEALTH, INSPIRING HOPE

HOW TO GET INVOLVED

DONATE ONLINE

WWW.HTHGLOBAL.ORG

SEND A CHECK TO:

HOPE THROUGH HEALTH
PO BOX 605
MEDWAY, MA 02053

MORE WAYS

ASK YOUR COMPANY TO MAKE A
MATCHING GIFT

MAKE A GIFT IN HONOR OF A
FRIEND OR FAMILY MEMBER

SPONSOR A COMMUNITY
HEALTH WORKER

MAKE A PLANNED GIFT

SHARE STOCK

MAKE AN IN-KIND DONATION

ORGANIZE A FUNDRAISER

VOLUNTEER YOUR SERVICES

SHARE THIS ANNUAL REPORT
WITH A FRIEND



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2016 HTH ANNUAL REPORT DESIGNED BY VANESSA FIORI