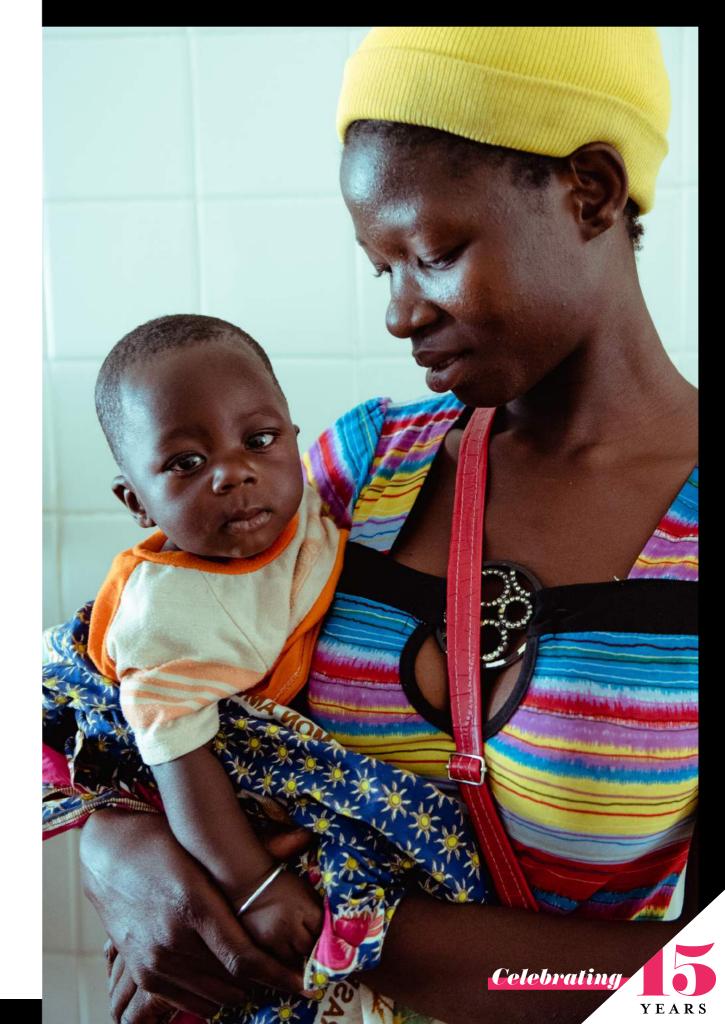




THE MISSION **OF INTEGRATE HEALTH IS TO MAKE PRIMARY HEALTHCARE** ACCESSIBLE TO ALL.





FROM THE FOUNDERS

DEAR FRIENDS,

It was fifteen years ago that we each received a letter in the mail that would change the trajectory of our lives. "You have been assigned to serve in the Peace Corps in Togo," it read. A directive which, although we did not know it at the time, would bring us to a beautiful and relatively unknown country in West Africa, where we would have the great privilege to join with a group of motivated individuals in their quest to realize their right to health for all.

As we reflect back on this incredible journey fifteen years later, it is remarkable to see how far our collective efforts have come: from forty individuals living with HIV in 2004, to five HIV centers in 2008, to a population of over 90,000 Togolese with access to improved primary care through nine clinics and 59 professional Community Health Workers in 2019. This growth is nothing short of a transformation in the way healthcare is delivered in Togo. With this transformation comes the promise that we can realize our vision of health for all, in Togo, and beyond.

While much has changed over the past fifteen years, the core values that inspired the creation of Integrate Health remain the same. Our sole focus remains on ensuring the highest quality of care for our patients. Their needs, their concerns, and their voices guide our decisions. Following the lead of our patients, we are walking down the path that leads to quality healthcare for every single Togolese. On this path, we have the great privilege to partner with the Togolese Ministry of Health and to follow their leadership in advancing our common goal of universal health coverage in Togo.

As the Togolese Minister of Health, Professor Moustapha Mijayawa, reminds us, "What we need is not a collection of movements, but a collective movement." From Community Health Workers to village chiefs, from local midwives to the Secretary General of the Ministry of Health, from mothers in rural Togo to the mothers in America who support them, we are building that collective movement. It has been a tremendous honor to join together to support the heroic efforts of the Togolese people to realize their right to health.

Looking back, we have come far; looking ahead, we know we still have far to go. Integrate Health will continue to expand to serve nearly 250,000 Togolese by 2021 while supporting the Togolese Ministry of Health to scale quality primary healthcare nationally. These are ambitious goals, but with our collective effort, they are well within our reach. Thank you for joining us in this movement. Together we will usher in the transformation needed to ensure no mother or child dies a preventable death. In doing so, we will achieve universal health coverage, in Togo and beyond.

With gratitude, Jenny and Kevin

Jennifer Schechter, CEO and Co-Founder **Dr. Kevin Fiori**, Chief Science Officer and Co-Founder





HEALTH FOR ALL

FROM STEMMING AN EPIDEMIC





KEVIN FINISHED graduate school in Public Health and moved to Kara, Togo to serve as a Peace Corps Volunteer. Soon after he arrived, Kevin attended a civil sector meeting on how to respond to HIV/ AIDs in the Kara region. At that time, HIV was a death sentence, due to the price and lack of availability of treatment. Kevin sat at a table with ten different organizations and was particularly drawn to one, AED-Lidaw, a motivated group of people living with HIV who had self-organized as a way to advocate for their right to health. Kevin asked how he could best contribute to their movement, and from that conversation, Integrate Health was founded.

At first, AED-Lidaw rented chairs to make a humble income to support their efforts. Fifteen years later, over 3,000 patients living with HIV benefit from the high-quality, comprehensive care they deserve, and AED-Lidaw is recognized as an HIV Care Center of Excellence.



STRENGTHENING PRIMARY HEALTHCARE



Integrate Health ensures mothers and kids receive the care they need, when and where they need it. **THE STORY** of HIV patients struggling to afford healthcare is not unusual. For many families in Togo, healthcare is not a right, it's a privilege.

The goal of Integrate Health was never to focus solely on HIV. Rather, HIV served as an entrypoint to create an effective health system. Integrate Health believed that if this system could effectively provide care to patients living with a complex, chronic, and at that time fatal, disease, it could be applied more broadly.

The opportunity to test that hypothesis came when Integrate Health was approached by a group of women living with HIV. Having completed the prevention of the mother-to-child transmission program, these mothers were grateful to be raising healthy, HIV-free children. Yet, they rightly worried that their babies were at great risk of dying from treatable diseases like malaria. This inspired Integrate Health to fulfill its original ambition, and in 2015, Integrate Health launched the Integrated Primary Care Program in four clinics and their surrounding communities in the Kozah district of northern Togo.

PARTNERSHIPS

LOOK BACK IN TIME

2018

Integrate Health signs an MOU with the Togolese National Ministry of Health

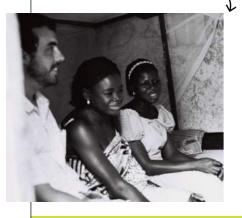


2019

In July, Integrate Health expanded to the Dankpen district serving a total population of 140,000

2004

Peace Corps Volunteers join with Togolese HIV activists



2015

Integrate Health launches Integrated Primary Care Program in the Kozah district, serving a population of 40,000



2005

Integrate Health supports launch of the first Prevention of Mother-to-Child Transmission program in northern Togo



2011

Integrate Health investments in Togo reach \$1 million



2007

1000th patient enrolls in HIV care

2018

Integrate Health expands to the Bassar district, serving a total population of 90,000



Projection



2021

Integrate Health will expand to the Keran and Binah districts, serving a total population of 240,000 Togolese ONE OF THE young women who inspired Integrate Health to expand our approach was a woman named Justine Bakeda. As a young girl, Justine admired nurses and midwives in their white coats. Without the finances to attend university, Justine became an apprentice to a tailor and had an arranged marriage. While pregnant with her first child, Justine's life changed. Her husband left her, and she discovered that she was HIV-positive. Justine was tempted to give up, but with courage, she dedicated herself to getting proper treatment in order to protect her baby from contracting HIV.

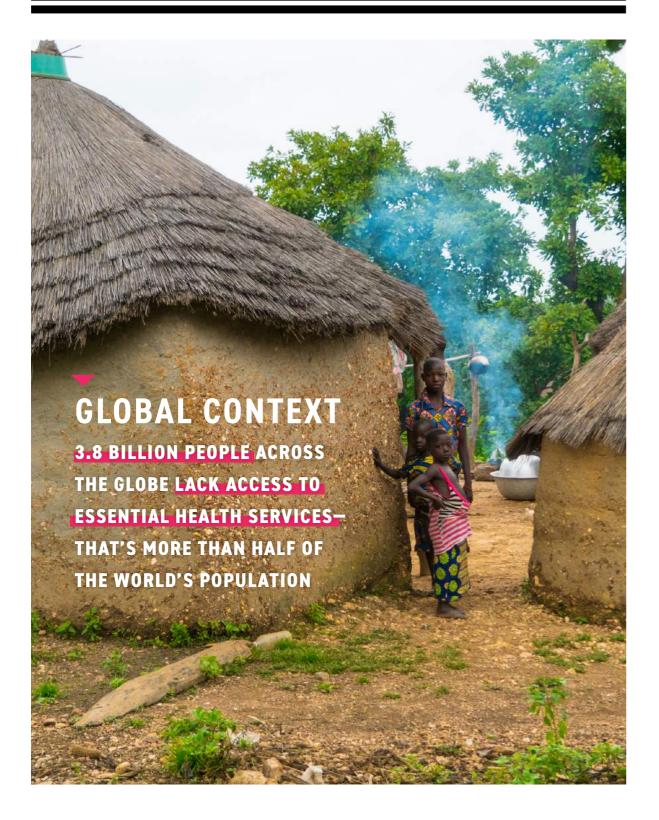
As a patient at AED-Lidaw, supported by Integrate Health, Justine was able to give birth to a healthy daughter, Pidassama, who was born HIV-free. Justine's experience inspired her to improve her life. When Integrate Health launched a call for women to apply to become Community Health Workers in 2015, Justine recognized this as her chance to fulfill her childhood dream. Justine was selected to join Integrate Health's first cohort of primary health Community Health Workers. Today, Justine has the opportunity to save lives everyday, just like the nurses and midwives she admired as a child.

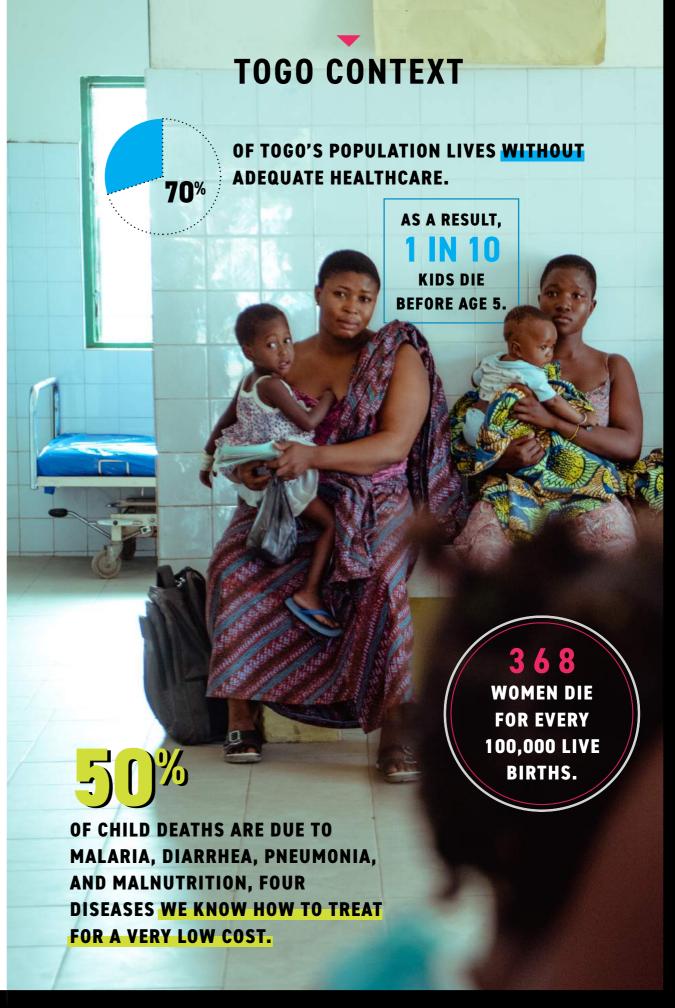
JUSTINE SERVES APPROXIMATELY 300 **FAMILIES IN HER** COMMUNITY

Justine during one of her routine home visits, where she walks door to door to proactively find cases.

THANKS TO INTEGRATE HEALTH, I AM THE ONE WHO TAKES CARE OF MY FAMILY. I AM PROUD OF MYSELF BECAUSE I KNOW I CONTRIBUTE TO SAVING LIVES IN MY COMMUNITY.

WHY HEALTH FOR ALL?





WHAT WE DO

STRENGTHENING PRIMARY CARE



governments and the local community to implement and study the Integrated Primary Care Program in order to achieve universal health coverage. By integrating professional community health workers with improved care in public clinics, this approach creates a patient-centered health system that is accountable to the community and dramatically reduces mortality in severely resource-limited settings.



INTEGRATED PRIMARY CARE PROGRAM

CLINICAL
MENTORING
OF FACILITYBASED STAFF



Integrate Health's integrated primary care approach delivers an evidence-based package of services designed to ensure high-quality, accessible, and patient-centered primary healthcare.

PROACTIVE AND PROFESSIONAL COMMUNITY HEALTH WORKERS







SUPPLY CHAIN & INFRASTRUCTURE IMPROVEMENTS

OUR IMPACT

BY THE NUMBERS

OVER THE PAST 12 MONTHS,
NTEGRATE HEALTH HAS ACHIEVED...

91,708 HOME VISITS

58,493 consultations of children UNDER 5

1,756
FACILITY-BASED
DELIVERIES

WOMEN ENROLLED
IN PREVENTION OF
MOTHER-TO-CHILD
TRANSMISSION

2,755
WOMEN
ADOPTING
FAMILY
PLANNING

9 CLINICS SUPPORTED

93,479 TOTAL POPULATION SERVED

49
NURSES
AND
MIDWIVES
MENTORED

59 COMMUNITY HEALTH WORKERS DEPLOYED



CHILDHOOD ILLNESS CASES TREATED WITHIN 72 HOURS OF SYMPTOM ONSET







OUR IMPACT BUILDING A LEARNING ORGANIZATION



Community Health Workers review key data during bi-annaul community meetings.



Psychological and Socio-medical Aspects of AIDS/HIV

Implementing an integrated community based health systems strenthening approach to improve HIV survival in Northern Togo

Kevin P. Fiori, Hayley M. Belli, Molly E. Lauria, Lisa R. Hirschhorn, Jennifer Schechter, Emily Hansman, Nandita Rajshekhar, Venance Katin, Sesso Gbeleou, Meskerem Grunitsky-Bekele & Vincent Palokinam Pitche



INTRODUCTION TO CHSL

THIS YEAR, Integrate Health created the Community Health Systems Lab (CHSL, pronounced/referred to as "chisel") to formally embed implementation science, data analytics, and knowledge translation into operations to improve healthcare delivery, policy, and investment. CHSL contributes to Integrate Health's mission to make quality primary healthcare available to all by using implementation research to measure impact and identify key factors that contributed to that impact. In this way, CHSL aims to create generalizable knowledge and share lessons to enable best practices from Togo to inform implementation, policy, and investment nationally and in other contexts. CHSL has published numerous peer-reviewed journal articles and presented at multiple scientific conferences in an effort to contribute to the global knowledge base.



CHSL is the science and learning department that sits within Integrate Health. Therefore, CHSL team members are also staff members of Integrate Health. CHSL engages a board member (who acts as our Chair) and other research advisors on a consultancy basis in both the US and in Togo. Advisors provide specific technical support to CHSL, including longterm strategic planning support.

OUR IMPACT PROMOTING LEADERS FROM WITHIN



IF YOU LOOK AT POOR COMMUNITIES AROUND THE WORLD, THERE IS NOT A SINGLE PLACE WHERE YOU WON'T FIND WOMEN AND CHILDREN AT THE CENTER OF **SUFFERING.** THEY ARE THE MOST AT-RISK, AND THAT IS WHY OUR WORK BEGINS WITH THEM.

-Émile Bobozi, Program Director



SUCCESS STORY: ÉMILE



"I am committed to helping Integrate Health advance because as the organization advances, I advance with it."

ÉMILE spent his childhood in different families' homes and in multiple schools. Without sufficient financial support for his studies and to help him buy books, Émile was unable to finish his technical science degree at the University of Lomé, so he began professional training school. While supporting himself completely, Émile graduated with his degree in nursing with honors. Émile began as a volunteer for Integrate Health in 2014, and within a month was promoted to the head nurse of the HIV clinic. After a few years he became the Integrated Primary Care Program's Community Health Worker Supervisor, then Clinical Mentor, then Mentor Coordinator, until this year when he was promoted to Program Director.

Émile, with a constant smile on his face, wants to make sure patients receive the best care possible, ensuring health becomes a right for every Togolese. With a strong commitment to his patients and staff, Émile embodies Integrate Health's values of efficacy, empowerment, transparency, respect, commitment, and collaboration.

WHAT DRIVES US

BUILDING COMMUNITY ownership is a belief that Integrate Health acts on in every community that we have the pleasure to serve. System-wide change should not be imposed from above, but must be created and cultivated on the ground, at the grassroots, by the community itself.

In the months leading up to Integrate Health beginning to support healthcare delivery in a new community, an extensive process unfolds. Meetings with key stakeholders, including clinic staff, traditional leaders, women's groups, and the community itself, help us understand local community needs, how these may resemble or differ from other communities where we work, and what can be addressed together to better meet the needs of this community.

In addition to formalizing the process of securing local buyin and leveraging existing community systems, Integrate
Health believes that healthcare services must remain
accountable to the community, in perpetuity. One of the
mechanisms through which we operationalize this belief
is by holding bi-annual community town hall meetings. At
the invitation of the Chief, which is extended to the entire
community, representatives from the local Ministry of Health
and Integrate Health staff gather to discuss the issues that
most confront the community. Progress and challenges
are shared, and feedback is sought to help the healthcare
delivery team and our Integrate Health support team
understand what is happening in the community on a daily
basis and how we can improve.

Community consultations, community health workers, traditional healer trainings, and town hall meetings—these things are not model adjacent, but the core of the model itself. Building community ownership is how lasting transformations in healthcare delivery always have and will continue to occur.



Community Health
Workers are recruited from
their own communities,
allowing patients to trust
the care they receive.

INTEGRATE HEALTH HAS CONDUCTED 720 COMMUNITY
MEETINGS TO SOLICIT FEEDBACK AND DRIVE IMPROVEMENT
OVER THE PAST 12 MONTHS.

WHAT DRIVES US

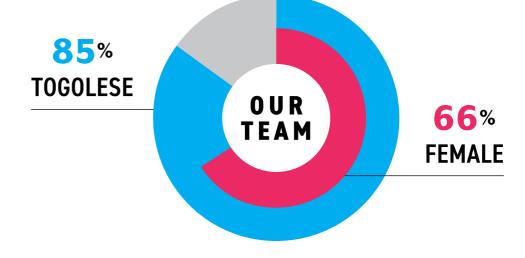
WOMEN-LED

INTEGRATE HEALTH believes that if the voices of the women leading this movement are heard, if they have a seat at the table, and if they are given the decision-making power they deserve, the result will be drastic. With women at the helm, we can achieve a more effective primary health care movement, a dramatic increase in economic growth, and a transformation in gender equity that will have ripple effects across every sector of society.

Integrate Health is a women-led organization. In addition to having a female Co-founder and Chief Executive Officer, more than 85% of Integrate Health's 59 Community Health Workers are women recruited from their local communities. Integrate Health hypothesized that there was tremendous untapped human potential in rural women who may have never had the opportunity to pursue formal education. This hypothesis has been born out in the extremely high performance rates maintained by Community Health Workers. The professionalization of Community Health Workers through this program serves to economically empower rural women, who in turn reinvest their income in their rural communities' economy, including paying for their children's education.







INTEGRATE HEALTH IS COMMITTED TO HIRING US, WOMEN,

TO SHOW THE WORLD THAT WOMEN ARE AS CAPABLE AS MEN.

HOW WE DO IT

INTEGRATE HEALTH uses

implementation science, data analytics, and knowledge translation to understand and study our programs. Integrate Health routinely collects data via mobile application and paper forms used by Community Health Workers and clinic-based providers and supervisory staff. After data verification and validation, Integrate Health's team produces monthly dashboards used to drive continuous program improvements through internal Monthly Data Review Meetings and bi-annual feedback meetings with communities. We believe that establishing a culture of learning through data monitoring, ongoing evaluation, feedback loops, and continuous quality improvement affords the best opportunity to deliver on our overarching goal of ensuring health as a human right.





Integrate Health staff members participate in a Monthly Data Review meeting. IT IS NOT ENOUGH TO INCREASE ACCESS TO CARE. WE MUST ENSURE THAT CARE IS OF THE HIGHEST QUALITY. THAT IS WHAT OUR PATIENTS DESERVE.

-Dr. Kevin Fiori, Co-Founder and Chief Science Officer, Integrate Health

HOW WE DO IT

INTEGRATE HEALTH has never, and will never, go it alone. Integrate Health partners with multiple departments within the Togolese Government in every aspect of our work. In particular, Integrate Health has a close working relationship with the Regional Health Director, District Health Directors, and clinic-based personnel. Integrate Health also partners with the national-level Ministry of Health, specifically the Division of Community Health, supporting systems change through the provision of technical and financial resources.

Integrate Health is a proud member of the Community Health Impact Coalition (CHIC). In CHIC, Integrate Health joins forces with implementing organizations across the globe to collaborate, compare notes, and determine what works for a community health worker model. By choosing to partner and not compete, we are connecting unique proof points together to amplify the message that with well designed, highquality, community-based health systems, universal health coverage is within our reach.



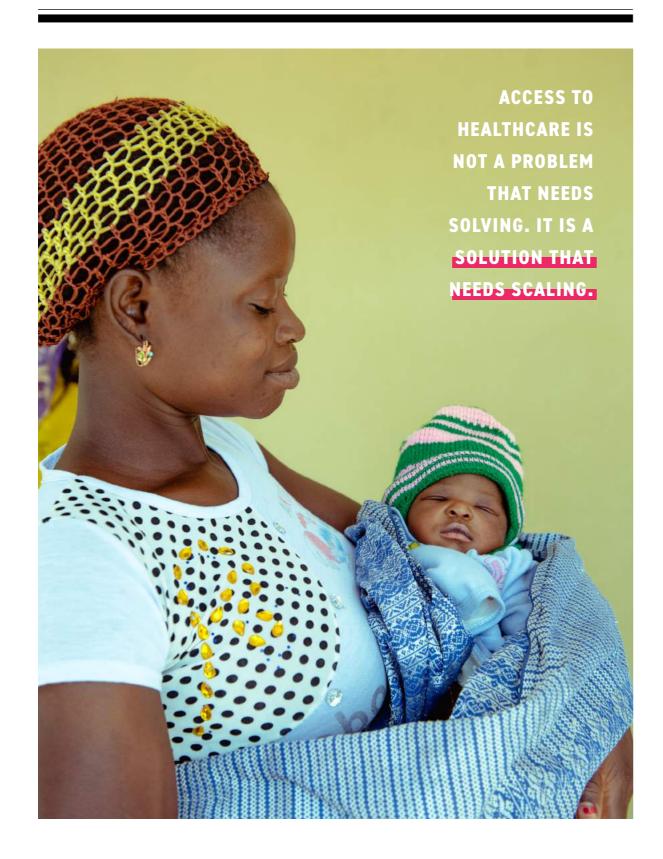
One of Integrate Health's Clinical Mentors works with Adabawéré clinic head nurse and pharmacist to review medication availability and order requests.

WE MUST BREAK DOWN THE SILOS AND STOP BUILDING NEW ONES. ONLY INTEGRATED, COMPREHENSIVE SOLUTIONS HAVE A CHANCE OF DRIVING THE MASSIVE CHANGE WE NEED.

-Jenny Schechter, Co-Founder and CEO, Integrate Health

LOOKING AHEAD

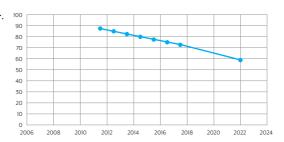
HE NEXT 15 YEARS



IN THE NEXT three years, Integrate Health hopes to scale our integrated primary care approach to 240,000 Togolese. To accomplish this scale-up, we aim to:

- Delivery quality primary healthcare in collaboration with the Ministry of Health to advance universal health coverage
- Model a learning health system approach through investment, mentorship, and partnership
- Disseminate lessons learned to partners (community members, implementers, policy makers)

Given the impact demonstrated to date, Integrate Health sees the integrated primary care approach as a cost-effective, feasible strategy for Togo to strengthen its national health system and achieve its ambitious goal of a 33% reduction in child mortality by 2022. Integrate Health is working to encourage the Ministry of Health to adopt the integrated





primary care approach into national policy. Integrate Health has close working relationships with Ministry of Health officials on the national, regional, and district levels, including a signed Partnership Agreement at the national level. The planned expansion will further build the evidence needed to inform the Ministry of Health as well as produce a roadmap for the Ministry of Health to follow to ensure effective implementation of the approach.

In the next 15 years, Integrate Health believes that Togo will serve as a national model, demonstrating a cost-effective path to dramatically reduce mortality that can be replicated throughout Sub-Saharan Africa. Integrate Health's ultimate objective is to ensure quality universal healthcare to all eight million Togolese, while driving an improved global standard of primary care.

If we can do it in Togo, we can do it anywhere!





ORGANIZATIONAL PARTNERS

Aid for Africa

Aliza Family Foundation

Amazon Smile

Benevity Community

Impact Fund

Carnegie Corporation of

New York

Cartier Philanthropy

Child Relief International

Conservation Food and

Health Foundation

Construction for Change

Crown Family Philanthropies

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Foundation

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Doris Duke Charitable

Foundation

FusionStorm

Godley Family Foundation

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Foundation

World Centric

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Jenny Koenig

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Eric Goldman and

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Zoe Snow

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Elizabeth Tung

Natalie Unger

Alexandra Walsh

Sean Walsh

Donald Weaks

Alice Williams

Lanre Williams

Kaunda Wilson

Patricia Yeh and

Lawrence Lue

Julie Zeruneith

Luzia Zeruneith

Elisabeth Thomson

Karen and Randy Veeh

Jessica and Casey Whitsett

Alicia Singham Goodwin

Karen and Tom Spence

ludi and Kris Strohbehn

Julie and Grea Terrasi

Ashley Thompson and

Thomas Koschwanez

TOTAL REVENUE \$4,243,411

TOTAL EXPENSES \$2,011,039

\$755 \$163,941

IN-KIND INDIVIDUALS GRANTS

\$4,078,715

\$162,477 \$201,531 \$1,647,031 ADMINISTRATION FUNDRAISING PROGRAMS

* Preliminary figures pending audit review. Past year audited financials are available on our website integratehealth.org



