

A smiling woman with dark skin, wearing a black headband and large hoop earrings, is holding a sleeping baby. She is wearing a black patterned top with white and grey circles. The baby is wearing a grey hooded sweatshirt. They are in a community setting with other people in the background.

HOPE THROUGH HEALTH

2017 ANNUAL REPORT



HOPE THROUGH HEALTH

**“ALL ROADS
LEAD TO
UNIVERSAL
HEALTH
COVERAGE.”**

-Tedros Adhanom Ghebreyesus,
Director-General, World Health Organization

DEAR FRIENDS,

This past May, Hope Through Health held our second annual All Staff Retreat, bringing together our entire team, now over 100 strong. Meeting in a large auditorium, the entire Hope Through Health team reviewed the incredible impact that, **together with your support**, we have realized over the past year. **Over 13,400 patients were treated**, meaning that women, children, and individuals living with HIV from remote communities in northern Togo now have access to high-quality care. More than 67,000 home visits were conducted by our awe-inspiring team of forty-three Community Health Workers. More than 4,000 pre- and post-natal consultations and over 600 deliveries have been assisted by the more than thirty-eight clinicians we support working across nine health centers. It was moving for our team to sit together and see the impact that their daily efforts, and your consistent support, have collectively produced.

As Honorine, a Community Health Worker from the community of Djamde, put it recently, “People have access

to care that they never had before. And I get to be the one they call, the one who makes that happen. That’s why I love my job.” On page 18, we share the story of the Chief of the Village of Sarakawa, who describes the changes he has witnessed in his community: “Now there are fewer infant deaths and illnesses. Mothers can look forward to life with their children without fear of losing them.” Stories and testimonies such as these are our greatest motivation to keep going and to do even more.

Standing at the front of that auditorium, looking at the faces of the more than 100 individuals who wake up every day to go to work in the most difficult conditions and yet feel immense pride and joy in the work they do, we couldn’t help but feel inspired. This made it very exciting and rewarding to be able to present the ambitious plans for scale that we have laid out for the coming years. Hope Through Health has set a goal to **extend access to improved healthcare to over 200,000 people over the next five years** and to create a blueprint for national adoption

by the Government of Togo. Our aim is to model true integration: **integration of high-performing Community Health Workers with clinic-based care; integration of HIV/AIDS care with Maternal and Child healthcare and Family Planning services; and integration of private sector innovations with public sector scale.**

Thanks to our dedicated team, and you, our committed partners and supporters, we have no doubt that we will accomplish these goals together. We must. It is simply unconscionable to stand by while women, children, and people living with AIDS die from deaths that are entirely treatable.

We are paving the way to make access to quality healthcare possible for more than five million people across Togo. We hope you enjoy this report, and we invite you to join us for the ambitious work that lies ahead.

In solidarity,
Jenny Schechter and Kevin Fiori, Co-founders



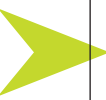
Here’s our team at the All Staff Retreat in April



“PEOPLE HAVE ACCESS TO CARE THAT THEY NEVER HAD BEFORE. AND I GET TO BE THE ONE THEY CALL, THE ONE WHO MAKES THAT HAPPEN. THAT’S WHY I LOVE MY JOB.”

—Honorine, a Community Health Worker from the community of Djamde





WOMEN AND CHILDREN IN TOGO ARE DYING FROM DISEASES WE KNOW HOW TO DIAGNOSE AND TREAT AT VERY LOW COSTS.

HOPE THROUGH HEALTH MAKES SURE THAT PROVEN TREATMENTS GET TO THE PEOPLE WHO NEED THEM SO NO ONE DIES A NEEDLESS DEATH.



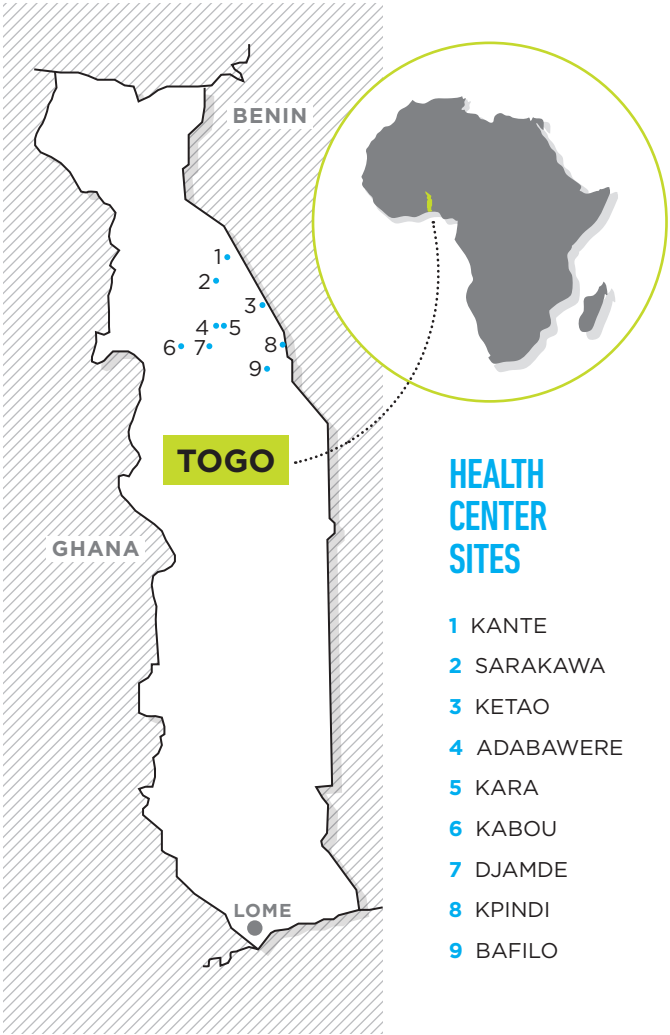
That's an astounding **15 TIMES** the mortality rate in developed countries



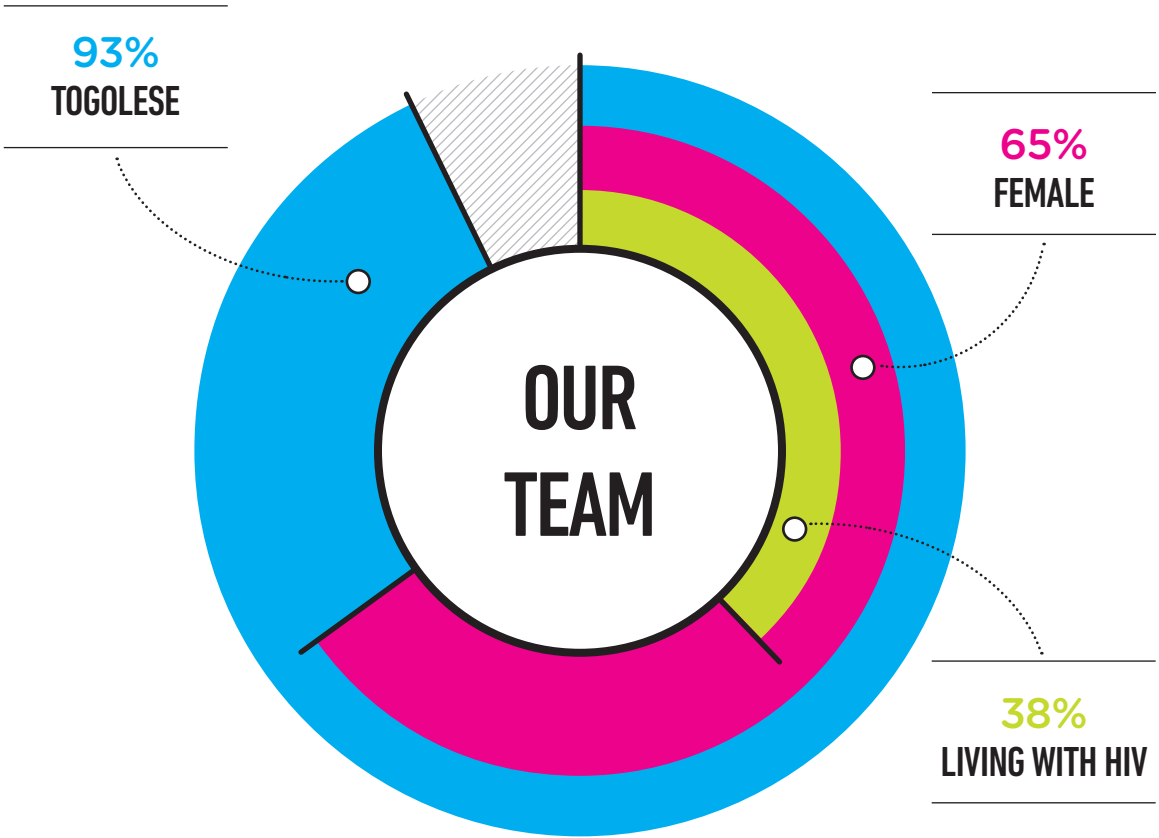
5 MILLION PEOPLE IN TOGO DO NOT HAVE ACCESS TO HEALTHCARE

HOPE THROUGH HEATH IS **THE 4TH** LARGEST FUNDER OF HIV/AIDS CARE IN TOGO

1 IN 10 CHILDREN BORN IN TOGO WILL DIE BEFORE THEIR FIFTH BIRTHDAY



OUR TEAM TAKES CULTURAL COMPETENCY TO A WHOLE OTHER LEVEL.



➤ MEET OUR CHIEF OPERATIONS OFFICER, WARGA TAKAO



promoted to Chief Operations Officer in 2015. In all of her roles, Warga has been a leader and a role model embodying the values of Hope Through Health. As a female executive, Warga feels a sense of duty to help women everywhere.

"WOMEN SUFFER," SHE SAYS. "THEY ARE PATIENT; THEY ARE DYNAMIC, THEY ARE COURAGEOUS; AND YET THEY MUST FIGHT ALL THEIR LIFE FOR WHAT THEY GET."

WARGA GREW UP in a small village with a straw roof over her head. After grade four, she left school to help her family at home. It wasn't until years later that Warga again picked up a paper and pencil. After falling ill with HIV, Warga joined Hope Through Health's sister organization, AED, in 2002. She volunteered to serve as

the association's treasurer, and shortly thereafter HTH hired her as our first financial manager. Warga has received various on-the-job trainings over the years and grew from managing finances in a notebook, to running reports in Excel, and then Quickbooks. After serving as Finance Director for more than five years, Warga was

Hope Through Health is grateful to have Warga's indefatigable determination fighting on behalf of our patients.



**COMMUNITY HEALTH WORKERS
INTEGRATED WITH
IMPROVED HEALTH CENTERS
IS A POWERFUL COMBINATION**

HOPE THROUGH HEALTH
IS DESIGNING AND TESTING
A REPLICABLE UNIT OF
PRIMARY HEALTHCARE
DELIVERY THAT WILL
TRANSFORM THE HEALTH
SYSTEM AND SAVE LIVES
THROUGHOUT TOGO.

THIS MODEL INCLUDES
FOUR KEY COMPONENTS



1

CLINICAL MENTORING

of nurses and midwives to improve the quality of care delivered in public clinics

2

PROACTIVE CASE FINDING
& HOME-BASED CARE

delivered by professionalized Community Health Workers



3

SUPPLY CHAIN
MANAGEMENT COACHING

to ensure the right medications are where they need to be

4

ELIMINATION OF USER FEES

at the point of care

HOW IT WORKS



24
HOURS LATER

REBECCA RETURNS FOR
A FOLLOW-UP VISIT. AFI'S
SON NO LONGER HAS A
FEVER AND IS FEELING
BETTER.



5AM

AFI WAKES TO
FIND HER SON HAS
A HIGH FEVER.



6AM

SHE SENDS HER OLDER
SON (ENJOYING SOME
CORN ON THE COB HERE), TO
CALL THE LOCAL COMMUNITY
HEALTH WORKER,
REBECCA.



8AM

REBECCA ARRIVES
AT AFI'S HOME
(HERE SHE IS SEEN
PERFORMING A FINGER
PRICK TO DIAGNOSE
MALARIA).



8:10AM

REBECCA CONFIRMS
A POSITIVE MALARIA
TEST AND PROVIDES
ANTIMALARIAL
TREATMENT.





CLINICS SUPPORTED

43
COMMUNITY
HEALTH
WORKERS
DEPLOYED



116
TRADITIONAL
HEALERS
TRAINED



67,213
HOME VISITS
CONDUCTED



13,403 WOMEN,
CHILDREN AND
PEOPLE LIVING
WITH HIV TREATED



38
NURSES AND
MIDWIVES
MENTORED



1,650 PATIENTS ON ANTIRETROVIRAL THERAPY



97%
OF CHILDREN
BORN
HIV FREE

632
DELIVERIES
ASSISTED AT
A FACILITY



4,087
PRE- AND
POST-NATAL
CONSULTATIONS
PERFORMED



95%
ADHERENCE TO
ANTIRETROVIRAL
THERAPY



1,283
WOMEN
STARTED ON
FAMILY
PLANNING

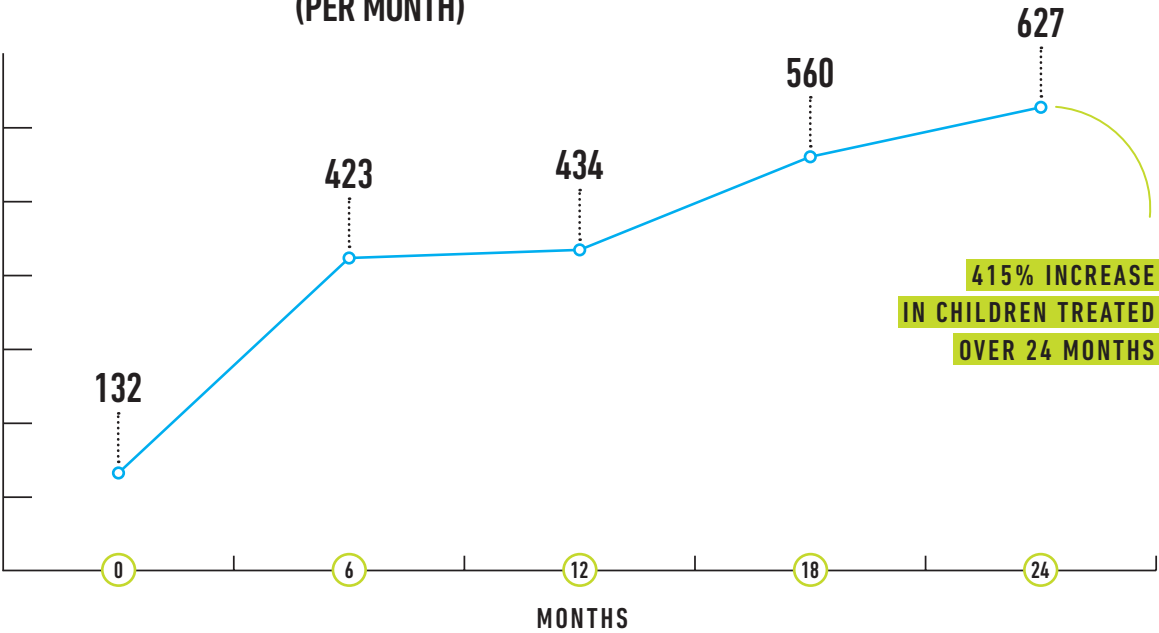
2,064 PEOPLE TESTED FOR HIV

UNDER
CONSTRUCTION
new
maternity ward!

THIS YEAR, HOPE THROUGH HEALTH CONTINUED TO SUPPORT HIV CARE IN FIVE DISTRICT HOSPITALS AND PRIMARY CARE IN FOUR RURAL CLINICS. THESE SERVICES REACHED A TOTAL OF MORE THAN 40,000 PEOPLE.



CHILDREN TREATED
(PER MONTH)



COMMUNITY
PROFILE

“NOW THERE ARE FEWER INFANT DEATHS AND ILLNESSES. MOTHERS CAN LOOK FORWARD TO LIFE WITH THEIR CHILDREN WITHOUT FEAR OF LOSING THEM. BIRTHS ARE GOING MUCH MORE SMOOTHLY DUE TO PRENATAL CONSULTATIONS AND MEDICAL PROFESSIONALS DELIVERING CHILDREN.”

-Chief of Sarakawa

THE CHIEF OF SARAKAWA is seventy years old. He was born at the end of World War II and lived through colonialism in Togo. In 1993, he was elected village chief and has been fulfilling the role for twenty-six years. The Chief, who is known to be progressive by his peers, embraced the work of Hope Through Health and encourages his constituents to visit the clinic and Community Health Workers. He describes how people in the village now sing the praises of the clinic and Community Health Workers, rather than opting for traditional medicine or ceremonies. The Chief also respects the manner in which Hope Through Health works. He nods and explains how the staff of Hope Through Health never said that they were right and the villagers were wrong, but simply that they had an alternate method of healthcare and wanted to help. “When you dance, you cannot say that you are good because it is the people watching you who must decide.”

HOPE THROUGH HEALTH PRIDES ITSELF ON BEING A LEARNING ORGANIZATION. OVER THE PAST YEAR, HOPE THROUGH HEALTH CONTINUED TO SOLICIT EXTENSIVE INPUT FROM ALL STAKEHOLDERS AND WORKED TIRELESSLY TO ADDRESS AND IMPROVE GAPS IN CARE.



ULTRASOUND PROGRAM

With the procurement of two portable ultrasound machines, Hope Through Health introduced this essential technology into routine prenatal healthcare for women in northern Togo. Women who receive care in rural clinics will now have access to ultrasounds, which are used to date the pregnancy, confirm a fetal heartbeat, and detect preterm birth, among other vital uses.

1,198 
ULTRASOUNDS PERFORMED



DEBUNKING FAMILY PLANNING MYTHS

Observing that uptake of family planning had flatlined, Hope Through Health staff members interviewed community members and learned that prevalent myths and misconceptions were contributing to low demand for modern contraceptive methods. In response, Hope Through Health designed and delivered a training to equip Community Health Workers, nurses, and midwives with tools to debunk these myths and provide counseling targeted to specific community concerns.



29 COMMUNITY
HEALTH WORKERS,
6 NURSES AND
MIDWIVES TRAINED



COMMUNITY COLLABORATION

Beginning in July 2016, Hope Through Health staff convened bi-annual community-wide meetings to present program data back to community members. These meetings provide an incredible opportunity to solicit community member feedback on what's working and what's not working. Community insights help Hope Through Health to better understand the stories behind the data and the reasons for the trends we observe in our routine reporting.

974 
**COMMUNITY MEMBERS
PARTICIPATED IN 8
COMMUNITY MEETINGS**

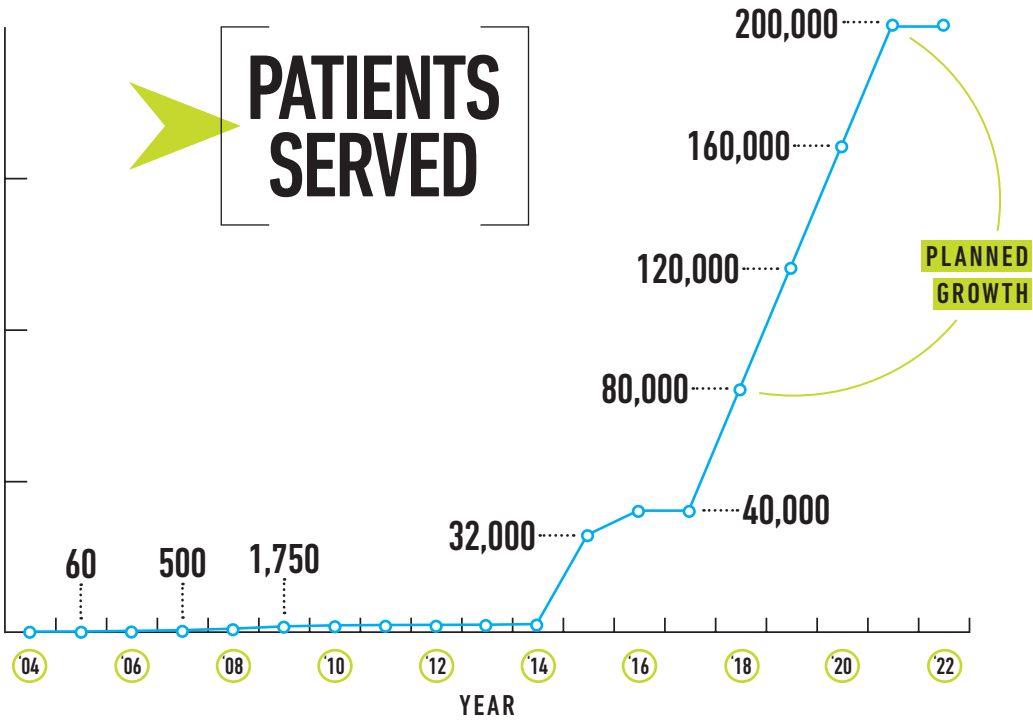


COST MODELING

Working with the Financial Alliance for Health, Hope Through Health conducted a costing analysis using a validated UNICEF costing tool. In 2016, the cost per capita for Hope Through Health's model was \$7.74. This cost produces a return on investment of 10:1 based on the economic benefit per life saved.

 **\$10 ECONOMIC BENEFIT
GENERATED FOR
EVERY \$1 INVESTED**

THE SCOPE OF THE CHALLENGE DEMANDS AN AMBITIOUS RESPONSE. IN COLLABORATION WITH THE MINISTRY OF HEALTH, HOPE THROUGH HEALTH HAS BEGUN TO DESIGN A NEW STEPPED-WEDGE PRAGMATIC TRIAL TO EVALUATE THE EFFECTIVENESS OF OUR APPROACH. THIS STUDY WILL EXPAND HOPE THROUGH HEALTH'S INTEGRATED MODEL TO AN ESTIMATED SIXTEEN NEW PUBLIC CLINICS ENABLING LIFESAVING HEALTHCARE SERVICES TO REACH AN ESTIMATED 200,000 PEOPLE OVER THE NEXT FIVE YEARS.



INTEGRATION WITH THE PUBLIC SECTOR

IN ORDER to strengthen the public health system in Togo, Hope Through Health works in close collaboration with Ministry of Health officials at the district, regional, and national level to ensure that our efforts serve to further goals and objectives set by the Government of Togo.

HOPE THROUGH HEALTH IS PROUD TO BE PART OF A COMMUNITY OF THOUGHT
LEADERS WORKING TO PROMOTE GLOBAL SYSTEMS CHANGE FOR BETTER
HEALTH. HOPE THROUGH HEALTH PARTICIPATES IN COLLABORATIVE INITIATIVES
DESIGNED TO SHARE COLLECTIVE LEARNING AND BEST PRACTICES.

LEARNING EXCHANGES

THIS YEAR, Hope Through Health leadership visited Mali to observe and learn from our close partner, Muso. Hope Through Health and Muso have partnered to test a proactive care model across our two country contexts. Hope Through Health staff also visited the work of Health Builders in Rwanda and hosted a team from Health Builders in Togo to share learning on mentorship for clinical capacity building.

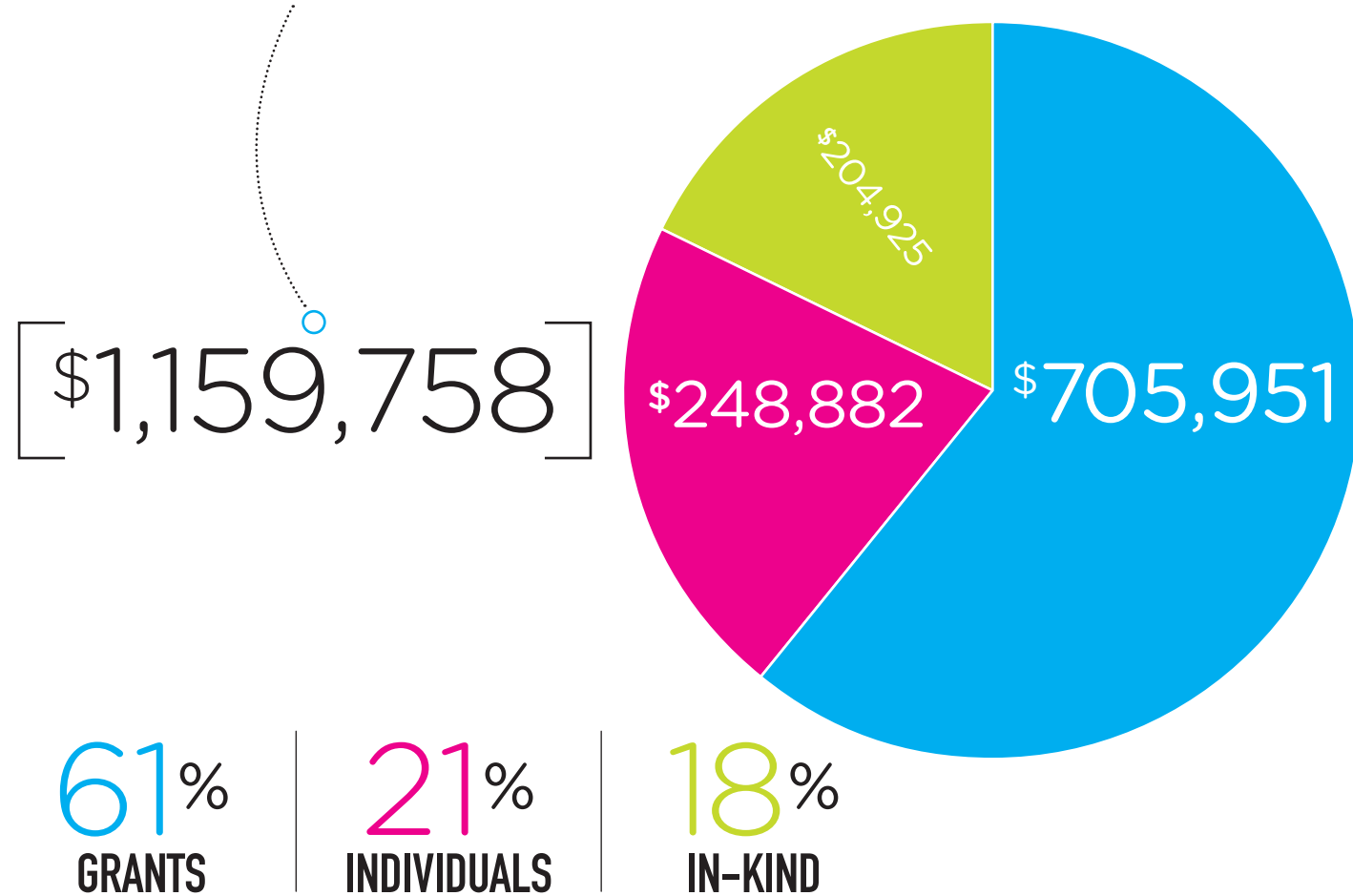


AWARDS

- GRAND CHALLENGES
CANADA STARS IN GLOBAL
HEALTH
- SARGENT SHRIVER
AWARD FOR DISTINGUISHED
HUMANITARIAN SERVICE
- CLINTON GLOBAL
INITIATIVE COMMITMENT
TO ACTION

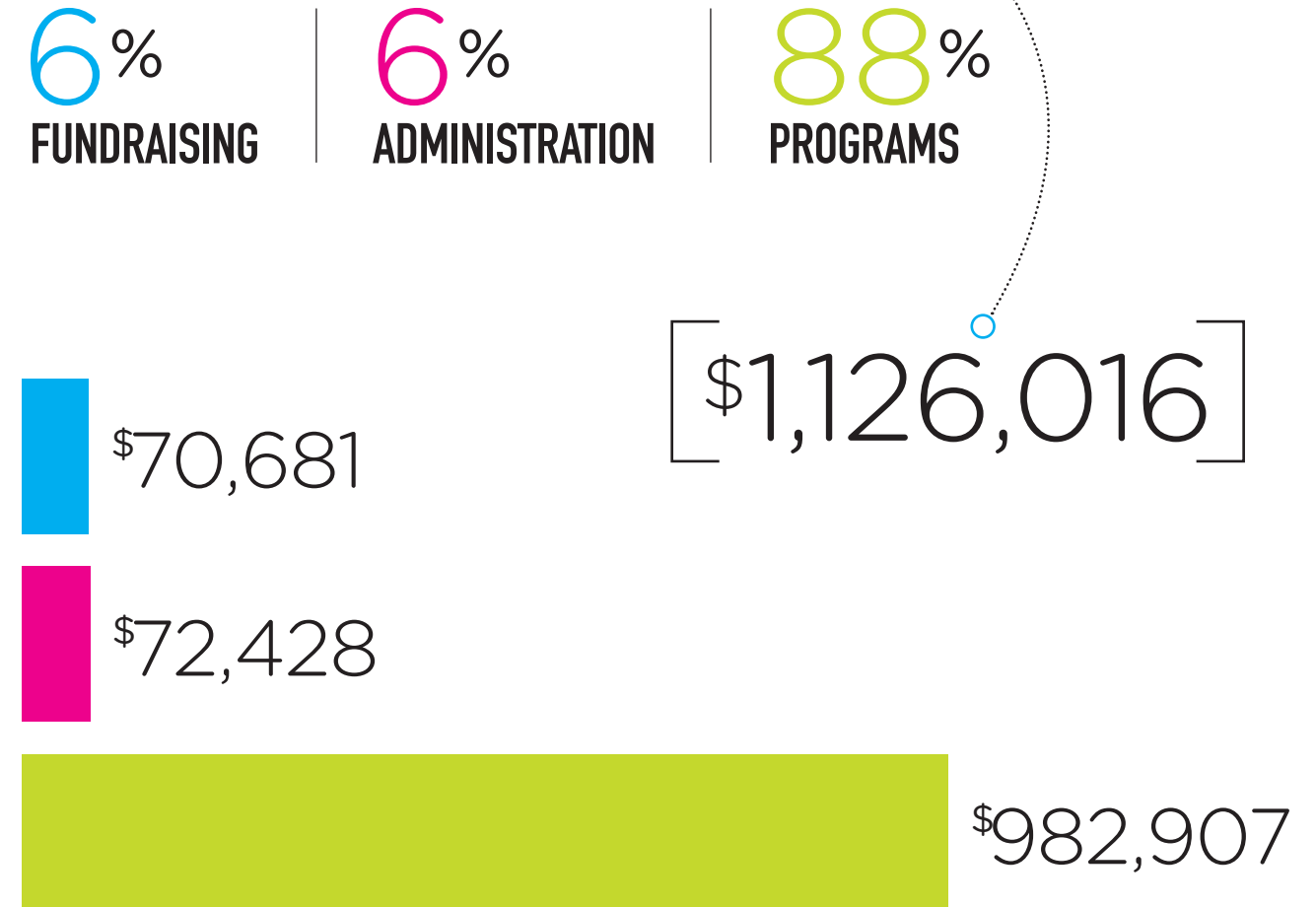


TOTAL REVENUE



* PENDING AUDIT REVIEW. PAST YEAR AUDITED FINANCIALS ARE AVAILABLE ON OUR WEBSITE.

TOTAL EXPENSES



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PO BOX 605
MEDWAY, MA 02053

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- ASK YOUR COMPANY TO MAKE A MATCHING GIFT
- MAKE A GIFT IN HONOR OF A FRIEND OR FAMILY MEMBER
- SPONSOR A COMMUNITY HEALTH WORKER
- MAKE A PLANNED GIFT
- SHARE STOCK
- MAKE AN IN-KIND DONATION
- ORGANIZE A FUNDRAISER
- VOLUNTEER YOUR SERVICES
- SHARE THIS ANNUAL REPORT WITH A FRIEND

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