For our health, our planet, and ourselves
About Integrate Health
The mission of Integrate Health is to make quality primary healthcare accessible to all.
The Problem

Half of the world’s population, 3.8 billion people, lacks access to essential health services.

This shortage has deadly consequences.

15,000 children under age five and 810 women die each day from preventable causes.

Source: World Bank and WHO (Access to health, child and maternal mortality)
In Guinea

1 in 10 children die before their fifth birthday

In Togo

The maternal mortality rate is 36X higher than in high-income countries

Source: World Bank, 2020 (Guinea and Togo)
The solutions exist, but have yet to be scaled at a national level and delivered through government healthcare systems.

Despite progress, **46 countries in Sub-Saharan Africa**, including Togo and Guinea, are not on track to meet sustainable development goal targets.
Health for all is within our reach
The Integrated Primary Care Program bundles **four proven innovations** to dramatically transform how healthcare is delivered.

1. **Community Health Workers**
   - Trained, equipped, supervised, and salaried Community Health Workers expand the reach of the healthcare system to patients’ front doors.

2. **Clinical Capacity-Building**
   - Mentored nurses and midwives in public health centers provide patients with high-quality healthcare.

3. **Supply chain and Infrastructure**
   - Trained pharmacists ensure patients have the medicines and health products they need when they need them.

4. **User Fee Removal**
   - Removed point-of-care fees for pregnant women and children under five so even the poorest can access healthcare.
Improving health outcomes

MONTHLY AVERAGES AND PERCENT CHANGE OF KEY INDICATORS IN FOUR SITES, DANKPEN DISTRICT

- **Number of consultations of children under five at the health facility**: Pre-Launch (August 2018 - June 2019) vs. Post-Launch (August 2019 - June 2020) +401%
- **Number of women who attended their 4th prenatal consultation**: +105%
- **Number of women effectively protected by a modern family planning method**: +25%
- **Number of deliveries at the health facility**: +77%
Reducing child deaths

30% DECREASE IN UNDER-5 MORTALITY OVER 5 YEARS IN TOGO

Togo national UN IGME estimates
IPCP-Kozah estimates
Togo national UN IGME 95% CIs
IPCP-Kozah 95% CIs
The Big Shift

To help governments optimize primary healthcare delivery, we must focus on three key levers of change:
It is not enough to keep our communities healthy while women are systematically excluded, and our planet is dying.
Climate and Gender
At Integrate Health, we identify catalytic opportunities to drive change that simultaneously advance health, climate, and gender equity goals.
The Challenge

Half of the world’s population, **3.8 billion people**, lacks access to essential health services.

Women in health contribute US $3 trillion to global GDP, of which almost **half is unrecognized and unpaid**.

Climate change is expected to cause **an additional 250,000 deaths** per year.

Source: Women in Global Health, and WHO
Health, gender, and climate are **inextricably linked**.

Our primary care approach tackles the **underlying power structures** that impact all three.

Our gender and climate strategies aim to **interrupt harmful systems and build new, equitable ones** without detracting or distracting from our mission to achieve health for all.
Gender Justice
HIRE WOMEN
IH prioritizes women in recruitment as they are systematically left out of other forms of formal employment.

PROMOTE WOMEN
IH invests in professional development of women; IH has committed to 50% of senior leadership being women of color by 2025.

CENTER WOMEN
Program elements like community meetings enable women’s voices to drive program improvement. IH amplifies women’s voices in our communications.
Locally Rooted

Integrate Health works in Togo and Guinea with a small global support team.

Country Teams

The Togo and Guinea teams design, implement, and monitor organizational strategy

63 members
+
203 Community Health Workers

Leadership Team

The majority of the leadership team is based in Africa and sets and oversees organizational strategy.

13 members

Global Support Team

The global support team raises funds and provides technical and operational support to country teams.

10 members

95%
Identify as African

70%
Identify as women
“Thanks to Integrate Health, I am the one who takes care of my family. I am proud of myself because I know I can contribute to saving lives in my community.”

- Justine Bakeda, Community Health Worker
“Integrate Health is committed to hiring us, women, to show the world that women are as capable as men. I am committed to proving they are correct.”

– Agnès Miziou, Research Coordinator
Climate Justice
Climate Accountability Strategy

01  MEASUREMENT
Measure and analyze carbon footprint each year in comparison with 2019 baseline.

02  REDUCTION
Reduce emissions by 30% by 2030. IH will set short and medium term goals to get there.

03  MITIGATION
Commit to full carbon neutrality by 2025, by offsetting the carbon we cannot reduce and investing in high-quality mitigation efforts.

Acting in radical collaboration with coalition of global health orgs to make courageous change and learn together – cadcollective.org
Le Centre Vert – The Green Center
Integrate Health is building a new training and community center—a model of environmentally sustainable design that will also serve as Integrate Health’s headquarters in the city of Kara, in northern Togo.

The “Green Center” is designed as an energy-efficient, regenerative, and community-centered building with the goal of providing a hub for primary healthcare experts. The building will also serve the Adabawéré community, who donated the land on which the center will be constructed.
An all-female team is leading design and construction of the building. Integrate Health is partnering with MASS Design Group, an architecture firm based in Rwanda, and Construction for Change, which has a project manager embedded with the Integrate Health team in Kara.

The Green Center will make progress on Integrate Health’s reduction and mitigation commitments, by reducing carbon emissions using solar and wind energy and by fostering biodiversity on the Center grounds.
05

How we get there
What will it take?

Over the next three years, Integrate Health will **drive health systems change** across two countries, while setting an example for what’s possible for regenerative climate practices and investing in women in West Africa.

This transformational will require $40 million USD, including $3.8 million for climate initiatives.
## Budget FY 2023-2025

<table>
<thead>
<tr>
<th></th>
<th>FY 23</th>
<th>FY 24</th>
<th>FY 25</th>
<th>TOTAL (FY23-25)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Togo Programs</strong></td>
<td>$6,938,136</td>
<td>$6,999,782</td>
<td>$7,836,394</td>
<td>$21,774,312</td>
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<td><strong>Guinea Program</strong></td>
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<td>$1,861,427</td>
<td>$3,011,427</td>
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<td><strong>General and Administrative</strong></td>
<td>$796,985</td>
<td>$916,533</td>
<td>$924,055</td>
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<td><strong>Fundraising</strong></td>
<td>$838,145</td>
<td>$880,053</td>
<td>$924,055</td>
<td>$2,642,253</td>
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<tr>
<td><strong>Capital Investment – Le Centre Vert</strong></td>
<td>$855,829</td>
<td>$1,573,925</td>
<td>$1,306,484</td>
<td>$3,736,238</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$10,310,998</strong></td>
<td><strong>$12,231,719</strong></td>
<td><strong>$14,040,720</strong></td>
<td><strong>$36,583,437</strong></td>
</tr>
</tbody>
</table>
What will it mean?

We can unlock transformational change.

We invite impact-oriented investors to make radically generous investments to help us achieve health, gender, and climate justice for all.
To join us, please contact

ebensen@integratehealth.org
Extra slides / Annex
Re-build biodiversity on site by preserving existing trees and planting native species.

The site planning will play a critical role in sequestering carbon, restoring, conserving and proliferating biodiversity.
CARBON TARGETS

For office buildings in similar climate, operational carbon can surpass embodied carbon totals within 10 years.

In hot humid climates, we have seen it is possible to reduce operational carbon by 50% by adopting passive and hybrid comfort strategies and installing efficient building services systems. With renewable energy such as solar, a greater reduction is possible.

Embodied carbon targets will balance reduction of operational carbon loads, material availability and expertise. We aim to have a 50% reduction in embodied carbon against typical baseline for office buildings.