



INTEGRATE
HEALTH

WOMEN LEADING CHANGE

For our health, our planet, and ourselves

01

About Integrate Health



Mission

The mission of Integrate Health is to make **quality primary healthcare accessible to all.**



The Problem

Half of the world's population, **3.8 billion people**, lacks access to essential health services.

This shortage has deadly consequences.

15,000 children under age five and **810 women** die each day from preventable causes.





In Guinea

1 in 10

children die before
their fifth birthday

In Togo

The maternal
mortality rate is

36X

higher than in high-
income countries

A photograph of three children sitting on a bright blue wall. The child on the left is a girl in a blue patterned dress, looking down. The child in the middle is a boy in a light-colored shirt and shorts, looking to the right. The child on the right is a boy in a blue patterned shirt and pants, looking forward. The wall is white above and blue below, with a window with a blue frame and metal bars above the children. The ground is dirt.

Despite progress, **46 countries in Sub-Saharan Africa**, including Togo and Guinea, are not on track to meet sustainable development goal targets.

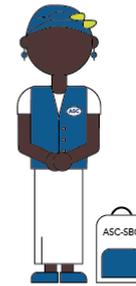
The solutions exist, but have yet to be **scaled** at a national level and **delivered** through government healthcare systems.



**Health for all is
within our reach**

The Integrated Primary Care Program bundles **four proven innovations** to dramatically transform how healthcare is delivered.

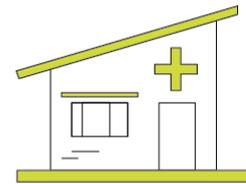
1



Community Health Workers

Trained, equipped, supervised, and salaried Community Health Workers expand the reach of the healthcare system to patients' front doors.

2



Clinical Capacity-Building

Mentored nurses and midwives in public health centers provide patients with high-quality healthcare.

3



Supply chain and Infrastructure

Trained pharmacists ensure patients have the medicines and health products they need when they need them.

4

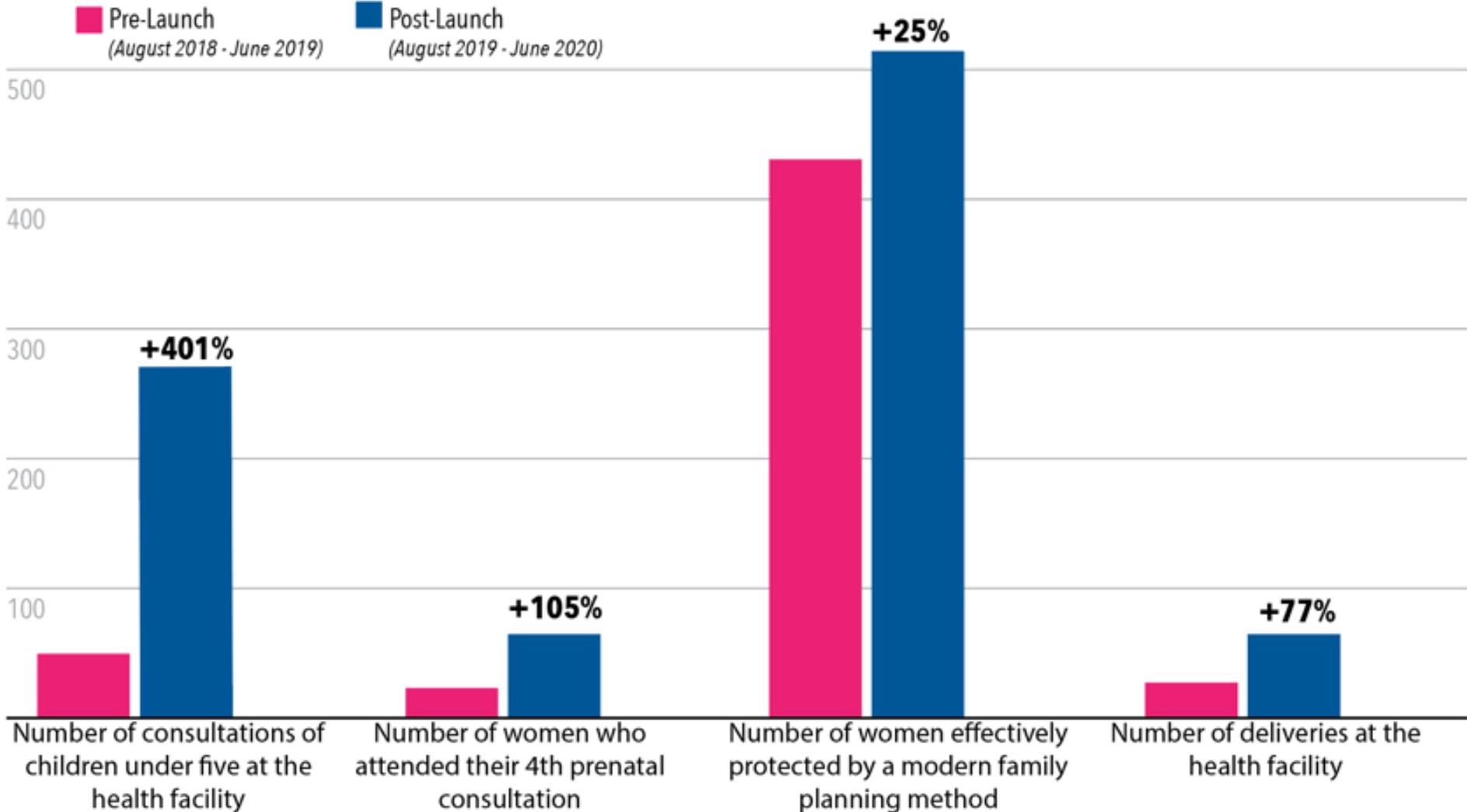


User Fee Removal

Removed point-of-care fees for pregnant women and children under five so even the poorest can access healthcare.

Improving health outcomes

MONTHLY AVERAGES AND PERCENT CHANGE OF KEY INDICATORS IN FOUR SITES, DANKPEN DISTRICT



Reducing child deaths

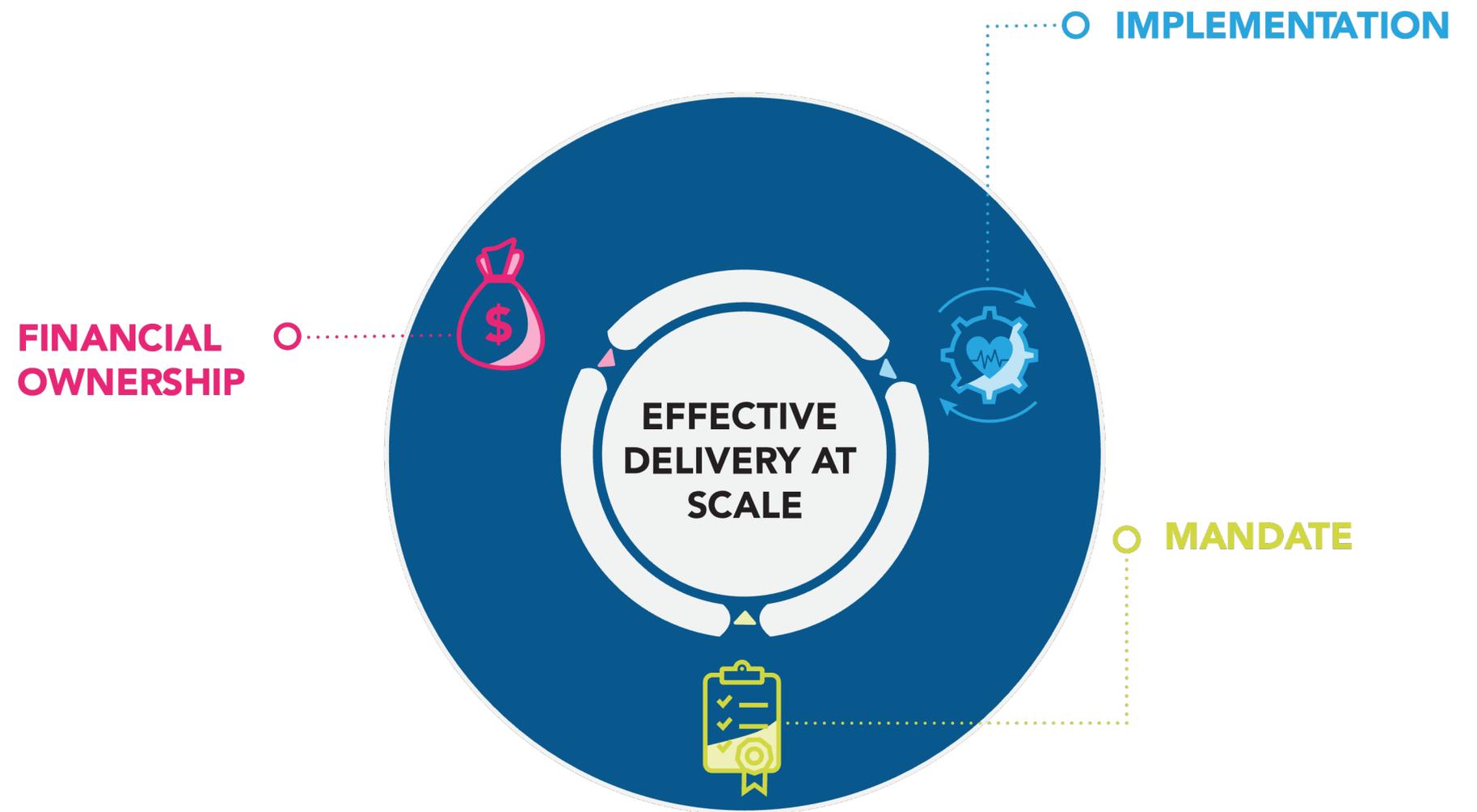


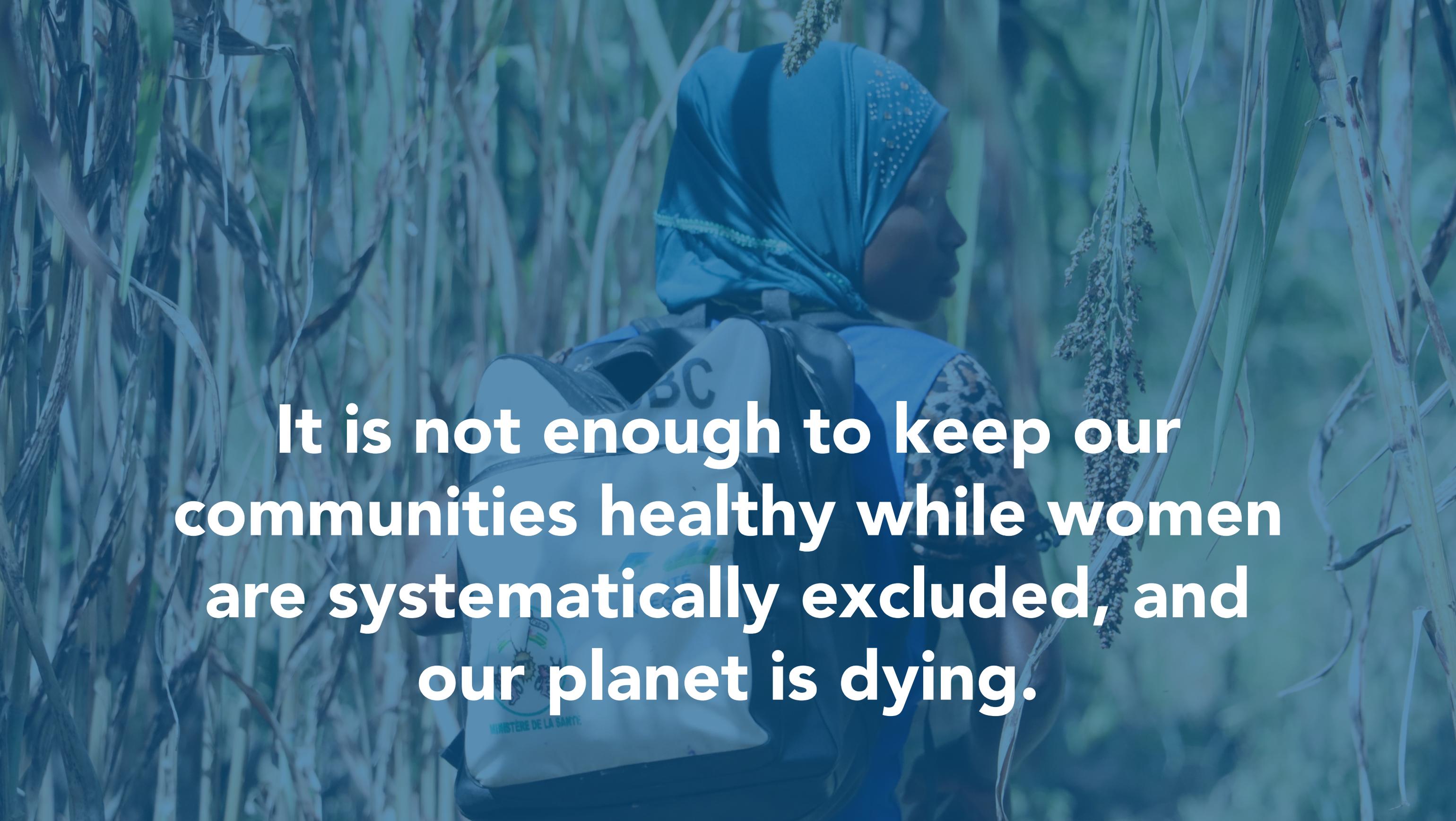
30%
DECREASE IN UNDER-5
MORTALITY OVER 5
YEARS IN TOGO

- Togo national UN IGME estimates
- IPCP-Kozah estimates
- Togo national UN IGME 95% CIs
- IPCP-Kozah 95% CIs

The Big Shift

To help governments optimize primary healthcare delivery, we must focus on three key levers of change:





It is not enough to keep our communities healthy while women are systematically excluded, and our planet is dying.



02

**Climate and
Gender**

Orientation

At Integrate Health, we identify catalytic opportunities to drive change that simultaneously advance health, climate, and gender equity goals.



The Challenge

Half of the world's population, **3.8 billion people**, lacks access to essential health services.

Women in health contribute US \$3 trillion to global GDP, of which almost **half is unrecognized and unpaid.**

Climate change is expected to cause **an additional 250,000 deaths** per year.



Guiding Principles

Health, gender, and climate are **inextricably linked**.

Our primary care approach tackles the **underlying power structures** that impact all three.

Our gender and climate strategies aim to **interrupt harmful systems and build new, equitable ones** without detracting or distracting from our mission to achieve health for all.





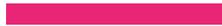
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Gender Justice

Gender Justice Strategy



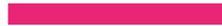
01



HIRE WOMEN

IH prioritizes women in recruitment as they are systematically left out of other forms of formal employment.

02



PROMOTE WOMEN

IH invests in professional development of women; IH has committed to 50% of senior leadership being women of color by 2025.

03

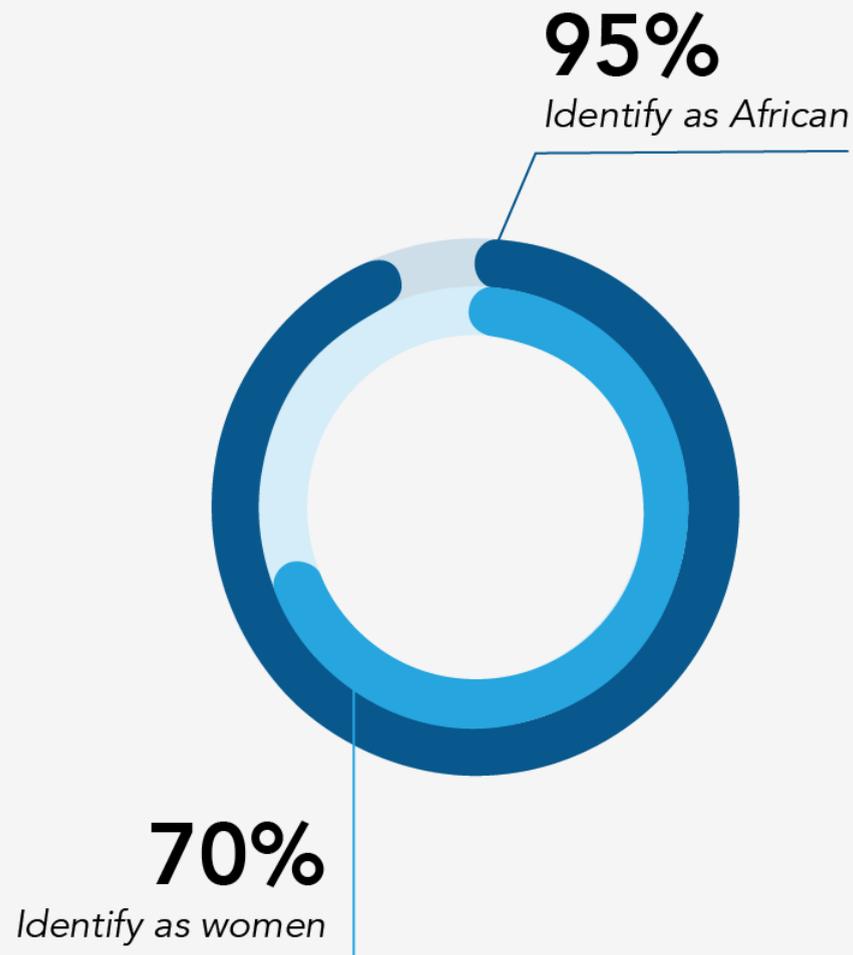


CENTER WOMEN

Program elements like community meetings enable women's voices to drive program improvement. IH amplifies women's voices in our communications.

Locally Rooted

Integrate Health works in Togo and Guinea with a small global support team.



Country Teams

The Togo and Guinea teams design, implement, and monitor organizational strategy



Leadership Team

The majority of the leadership team is based in Africa and sets and oversees organizational strategy.



Global Support Team

The global support team raises funds and provides technical and operational support to country teams.



“Thanks to Integrate Health, I am the one who takes care of my family. I am proud of myself because I know I can contribute to saving lives in my community.”

- **Justine Bakeda**,
Community Health
Worker



“Integrate Health is committed to hiring us, women, to show the world that women are as capable as men. I am committed to proving they are correct.”

– **Agnès Miziou**,
Research
Coordinator



04

Climate Justice

Climate Accountability Strategy



01



MEASUREMENT

Measure and analyze carbon footprint each year in comparison with 2019 baseline.

02



REDUCTION

Reduce emissions by 30% by 2030. IH will set short and medium term goals to get there.

03



MITIGATION

Commit to full carbon neutrality by 2025, by offsetting the carbon we cannot reduce and investing in high-quality mitigation efforts.

Le Centre Vert – The Green Center



Construction
For Change

Integrate Health is building a new training and community center—a model of environmentally sustainable design that will also serve as Integrate Health’s headquarters in the city of Kara, in northern Togo.

The “**Green Center**” is designed as an **energy-efficient, regenerative, and community-centered** building with the goal of providing a hub for primary healthcare experts. The building will also serve the Adabawéré community, who donated the land on which the center will be constructed.





An all-female team is leading design and construction of the building. Integrate Health is partnering with MASS Design Group, an architecture firm based in Rwanda, and Construction for Change, which has a project manager embedded with the Integrate Health team in Kara.

The Green Center will make progress on Integrate Health's reduction and mitigation commitments, by **reducing carbon emissions** using solar and wind energy and by fostering biodiversity on the Center grounds.

05

How we get there



What will it take?

Over the next three years, Integrate Health will **drive health systems change** across two countries, while setting an example for what's possible for regenerative climate practices and investing in women in West Africa.

This transformational will require \$40 million USD, including \$3.8 million for climate initiatives.



Budget FY 2023-2025

	FY 23	FY 24	FY 25	TOTAL (FY23-25)
Togo Programs	\$6,938,136	\$6,999,782	\$7,836,394	\$21,774,312
Guinea Program	\$881,902	\$1,861,427	\$3,011,427	\$5,754,756
General and Administrative	\$796,985	\$916,533	\$924,055	\$2,637,573
Fundraising	\$838,145	\$880,053	\$924,055	\$2,642,253
Capital Investment – Le Centre Vert	\$855,829	\$1,573,925	\$1,306,484	\$3,736,238
Total Expenses	\$10,310,998	\$12,231,719	\$14,040,720	\$36,583,437

What will it mean?

We can unlock transformational change.

We invite impact-oriented investors to make radically generous investments to help us achieve **health, gender, and climate justice for all.**





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To join us, please contact

ebensen@integratehealth.org



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Extra slides / Annex



Re-build biodiversity on site by preserving existing trees and planting native species.

The site planning will play a critical role in sequestering carbon, restoring, conserving and proliferating biodiversity.



Existing trees & shrubs

Newly planted trees & shrubs

CARBON TARGETS

For office buildings in similar climate, operational carbon can surpass embodied carbon totals within 10 years.

In hot humid climates, we have seen it is possible to reduce operational carbon by 50% by adopting passive and hybrid comfort strategies and installing efficient building services systems. With renewable energy such as solar, a greater reduction is possible.

Embodied carbon targets will balance reduction of operational carbon loads, material availability and expertise. We aim to have a 50% reduction in embodied carbon against typical baseline for office buildings.



Carbon baselines for offices in hot and humid climates and project targets

