We are Integrate Health

We promote equity by integrating

We envision a world where everyone, everywhere has access to quality healthcare without financial constraints. The mission of Integrate Health is to make quality primary healthcare accessible to all.
Dear Partners,

Far too few countries are on track to meet the Sustainable Development Goals by 2030. Given the global shortage of qualified health workers and a significant investment gap, an estimated 3.8 billion people will continue to live without access to high-quality essential health services if we do not act now.

At Integrate Health, we have devoted our efforts to francophone West Africa, beginning in Togo and Guinea: a region where maternal and child mortality rates are the highest on the African continent. Francophone West Africa faces unique barriers and challenges, yet going where the need is greatest has always been and will remain Integrate Health’s guiding principle. We know that strengthening primary healthcare systems is the most efficient and effective way to improve health outcomes and reduce health disparities, and we have proven that this is possible.

We have done this, as our name states, by integrating professional Community Health Workers with improved clinic-based care, by integrating a gender and climate lens into our health work, by integrating public and private partnerships, by integrating hope and love with a commitment to measurable impact.

Over the past year, Integrate Health has continued to serve over 200,000 people in Togo, leveraging the Integrated Primary Care Program to maintain quality, evidenced by facility-based delivery rates of 96%, to introduce new innovations; including Tonoudayo, a mobile health application for Community Health Workers; and to accompany government on planning for national health policy reforms.

Over the past year, Integrate Health expanded to Guinea, leveraging the strong results of the Integrated Primary Care Program to partner with both the Guinean Ministry of Health and Gavi, the global Vaccine Alliance, to improve primary healthcare delivery and vaccine equity. Through this partnership, Integrate Health has mobilized $6M to launch the Integrated Primary Care Program in the Kouroussa district, where we will improve vaccine coverage for a population of 112,000 living in remote settings.

Finally, leveraging our documented impact, including a 30% reduction in under-five mortality, Integrate Health has begun to play a larger role on the global stage. Aligned to our commitment to diversity, equity, and inclusion, we have enabled Community Health Workers to participate and share their voice in global convenings to advocate for our collective goals.

With your continued support and partnership, we will ensure that francophone West Africa does not fall further behind, but rather takes the lead in driving primary healthcare innovation toward high-quality essential health services. We thank you for your continued generous partnership. Your support, at all levels, sustains our impact for patients and de-risks high-impact innovations to ultimately drive government adoption and national scale of improved primary healthcare systems. By working together, we can achieve health for all. Thank you for joining us to build a model for impact powered by hope and love.

In solidarity,

Sesso Christophe Gbeleou, Togo Country Director & Co-Founder

Élise Warga Tobra Takao, Director of Operations & Co-Founder

Jennifer Schechter, CEO & Co-Founder

Kevin Fiori, Senior Advisor & Co-Founder
The Opportunity

Global mortality rates are declining for women and children, yet half of the world population still lacks access to essential health services.

Francophone West Africa

Maternal and under-five mortality rates remain unacceptably high, particularly in francophone West Africa where:

- Adolescent girls face the highest risk with complications in pregnancy and childbirth.
- Global funding, technical resources, and partnership opportunities are less accessible due to language barriers.

We are at a pivotal moment to ensure that West Africa not only is not left behind, but paves the way for strengthened primary healthcare that leaves no one behind.

Guinea

1 in 13 children die before their fifth birthday.
The maternal rate is 20x higher than in high-income countries.

Togo

1 in 15 children die before their fifth birthday.
The maternal rate is 14x higher than in high-income countries.
The Solution

Integrate Health leverages community-led implementation to accompany governments to take innovations to national scale, all in service of our mission to ensure quality primary healthcare for all, beginning across West Africa. Overall, health systems come out stronger and better prepared for epidemics, pandemics, and other public health emergencies.

The model

1. Community Health Workers
   Trained, equipped, supervised, and salaried Community Health Workers expand the reach of the healthcare system to patients’ front doors.

2. Clinical Capacity-Building
   Mentored nurses and midwives in public health centers provide patients with high-quality healthcare.

3. Supply-Chain Infrastructure
   Trained pharmacists ensure patients have the medicines and health products they need when they need them.

4. User Fee Removal
   Removed point-of-care fees for pregnant women and children under five so even the poorest can access healthcare.

A critical but feasible investment

The Integrated Primary Care Program is a scalable, low-cost approach. The cost of the four program components scaled nationally across Togo was estimated at $7.59 per capita.

Investing in evidence-based primary healthcare programs has been shown to achieve a return on investment of approximately 10:1.

*Represent costs during the first year of national year, modeled using CHPCT tool.
Local Impact, National Change

Investing for equitable and sustainable healthcare systems across West Africa
Increased access and improved quality

Integrate Health is not only expanding access for patients but also enhancing the quality of primary healthcare delivered. This powerful proof of concept demonstrates for governments what is possible.

Five-year progression of key performance indicators

- **Facility-Based Delivery Coverage**: Number of women who delivered at a health facility, out of total recorded births
- **Prenatal Consultation Coverage**: Number of women who attended four prenatal visits, out of women who delivered at a health facility
- **Timeliness**: % of cases of childhood illness treated within 72 hours of symptom onset

Amplifying impact through government partnership

The government of Togo tripled its health budget in three years to advance its universal health coverage goals. Government-led programs, such as the Wezou maternal health reform and regional ultrasound program, were inspired and supported by our work, extending our reach and impact.

Wezou

The WEZOU program was launched by the Togolese government to provide free maternal healthcare services to pregnant women. Developed in collaboration with Integrate Health, the program aims to dismantle financial barriers to quality maternal care.

- **281,812** Women enrolled
- **148,275** Assisted deliveries
- **666** Assisted C-sections

Ultrasound

The Kara regional ultrasound program is a government-owned scale-up of ultrasound task-shifting piloted by Integrate Health. It improves maternal care by training midwives in ultrasound screening for pregnant women and equipping them with mobile ultrasound machines to reach women living in remote communities.

- **38** Midwives trained
- **94** Health centers equipped
- **7,000** Women who received lifesaving screening
2023 Milestones

Innovations towards Universal Health Coverage

A mom with her baby on her back washing clothes near the Solidarité health center, Dankpen district
Emergency transport

<table>
<thead>
<tr>
<th>AMBULANCE TRIPS</th>
<th>WOMEN REFERRED</th>
<th>EFFECTIVE REFERRAL RATE OF CHILDREN UNDER FIVE</th>
</tr>
</thead>
<tbody>
<tr>
<td>4,275</td>
<td>1,963</td>
<td>87%</td>
</tr>
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</table>

Bridging distances to save lives

For patients living in remote areas, transportation challenges such as cost, distance, and poorly maintained roads drastically limit access to essential care. Our ambulance program has been critical to address this issue, achieving a 49% increase in referral rates in the Kara region. Building on this achievement, we collaborated with a Togolese health economist to provide the Ministry of Health with a comprehensive costing analysis. Now, the government is undertaking fundraising efforts to launch a national referral program.

Ambulance driver, Petit Djato

Petit Djato is not just an ambulance driver; he’s a local hero in the remote village of Kénibi, Kouyoria district. His ambulance is his pride, meticulously cared for because he knows it’s a lifeline. One Saturday morning, he was called in—a young boy was in critical condition due to acute malaria. The clock was ticking.

Petit swiftly navigated the challenging roads to reach the family’s home where he found the boy and his grandmother by his side. “Every minute counted,” Petit recalls. With a sigh of relief, he got the boy to Pangouda hospital just in the nick of time. “A few more minutes, and we might have lost him,” he says.

Petit sheds light on the tough realities of his village: “Before this program, people would get a referral but never go. How are we supposed to find the money?” Petit asks. “They would just go home and hope for a miracle. But miracles are rare, and we lost lives. Now, we have a fighting chance.” Petit’s ambulance ensures that hope and healthcare are never too far away, an increasingly crucial role. As climate change extends rainy seasons, the risk of malaria spikes, making the fight for life-saving care even more urgent.
Integrate Health harnessed its extensive experience in digital health solutions to design and launch the Tonoudayo app. Meaning “How’s your health?” in Kabye, it was developed using the open-source Community Health Toolkit and tailored for the Togolese context. The app’s unique identifier system ensures that no household is left out. By enabling real-time data and personalized interventions, the app serves as an assurance of the quality and effectiveness of healthcare delivery. As we prepare to extend the reach of mobile tools to Guinea and beyond, Tonoudayo stands as a model of adaptability and scalability.

“There is a lack of data. And if we want to help guide a health system, we need quality and reliable data informing the right people in a timely manner. This is how we can build strategies that enable decision-makers to make well-informed choices.”

- Dr Fatoumata Binta Tidiane Diallo, Permanent Representative of the World Health Organization in Togo, remarks made at Integrate Health’s strategy launch event in July 2023.

**Community level**

**Mobile Health App Tonoudayo**

<table>
<thead>
<tr>
<th>Districts Using the App</th>
<th>CHWs Actively Using the App</th>
<th>Patients Registered</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>159</td>
<td>68,863</td>
</tr>
</tbody>
</table>

**Better coverage, higher quality**

Victorine N’nimbininyaou, a devoted Community Health Worker in her hometown, has seen firsthand the impact of Tonoudayo, both before and after its adoption. Unlike other medical apps she had used, Tonoudayo proved to be a game-changer from the moment she and her colleagues started using it. The app enhances her performance, enabling her to manage up to 50 patients daily, while also supplying vital information to her supervisor for targeted support. “Tonoudayo not only streamlines patient follow-up but also focuses on preventative care,” Victorine says. “It alerts us to missed appointments and provides critical patient history data, making it the perfect tool for expanded patient reach and improved care quality.”
The virtuous cycle: data, feedback, and quality

Our personalized, data-driven performance management approach led to significant healthcare improvements, including a 96% rate of facility-based births attended by skilled professionals across our 25 supported health centers. This was achieved by meticulously reviewing childbirth data recorded by Community Health Workers using Tonoudayo. Each data review triggers immediate action, such as targeted coaching from supervisors who were deployed whenever a home birth was identified. This cyclical, feedback-oriented strategy has been instrumental in consistently enhancing the quality of healthcare delivery.
The IPCP is coming to Guinea

This year marked an exciting chapter in Integrate Health’s journey as we expanded our reach to Guinea, building a team and laying the groundwork to launch the Integrated Primary Care Program. Developed in close partnership with the Guinea Ministry of Health, the program has been meticulously adapted to meet the needs, leveraging lessons learned from Togo. Community engagement was central to our approach; we held community meetings in five target sites to achieve widespread community buy-in. Additionally, we’ve integrated a specialized vaccine strategy targeting zero-dose children through our partnership with Gavi, the Vaccine Alliance. Patient care in Guinea will begin in 2024.

“We are counting a lot on Integrate Health to support the Guinean Ministry of Health in the Kouroussa district, and inspire other partners to adopt a similar approach elsewhere.”

- Dr Mamady Kourouma, Director of the Community Health Division, Ministry of Health in Guinea.

National level

Togolese policy reforms

<table>
<thead>
<tr>
<th>10</th>
<th>95%</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Districts targeted for initial roll out</td>
<td>% of rural communities targeted for coverage</td>
<td>Million projected Togolese impacted</td>
</tr>
</tbody>
</table>

Reforming community health in Togo

In an effort to move Togo closer to Universal Health Coverage, the Ministry of Health has launched a national community health policy reform process. The reforms aim to create a more robust evidence-based community health system that will increase access to and quality of care for people living in rural areas. Integrate Health has been instrumental in shaping this approach, advocating for comprehensive changes, gathering best practices, and providing detailed cost and impact modeling with four reform package options.

This year, we placed a technical assistant in the government’s community health division to oversee a pilot program, which specifically targets ten districts with the poorest health outcomes, and contributed to the creation of a national CHW registry. The path to implementing such systemic change will be long and demanding, but we remain steadfast in our commitment to work alongside our government partners.

“The aim is to give access to quality care to around two million vulnerable Togolese who live far from a health facility, and to move towards Universal Health Coverage. Integrate Health is a key player in this reform, as it has been implementing a model program with partner support for the past five years, and has been advocating for this change.”

- Dr Charlotte Dzamado, Health System Strengthening Specialist, Integrate Health.
Quality of care maintained

In a significant step toward long-term sustainability, Integrate Health successfully transferred key activities of the Integrated Primary Care Program to the Kozah district health authorities. This transition was marked by rigorous planning and community engagement, culminating in an official handover ceremony. We’re thrilled to share that initial analyses of key performance indicators show a seamless transition—health outcomes have remained steadfastly high since the program’s implementation, echoing a successful handover. This was made possible thanks to ongoing technical support from Integrate Health and the district’s adherence to established protocols. This work demonstrates that it is feasible for local government to implement integrated, high-quality primary care programs.

“Five months into our direct operational phase post-handover, we’ve already convened discussions to further refine and optimize the program. We’re now taking the reins of the emergency transport component. We’ve instituted a robust management framework to ensure all valuable resources and learnings are deployed efficiently.”

- Abdel Kadère Alfa, Kozah Health District Director.

Handover to government

100% KPIs ANALYZED

98% TIMELINESS OF CARE BY CHWS MAINTAINED

44% PREGNANCY REGISTRATION SPEED MAINTAINED
Partnering with Gavi

112,000 PEOPLE TARGETED

$6 MILLION INVESTMENT OVER THREE YEARS

4,470 CHILDREN AGED 0-11 MONTHS TARGETED FOR IMMUNIZATION

A new chapter in vaccine equity in Guinea

In June 2023, Integrate Health was invited to Gavi’s Vaccine Global Summit in Madrid, marking the inauguration of a transformative partnership aimed at advancing community health systems in Guinea. Leveraging Gavi’s Matching Fund—a public-private funding mechanism that doubles private sector investments—Integrate Health secured a total investment of $6 million to replicate the Integrated Primary Care Program in the Kouroussa district in Guinea over three years. Gavi is investing in our integrated primary care approach as an innovative solution to reaching their vaccination goals focusing on zero-dose children.

Dr. Kocra Assoua, Senior Director of Monitoring, Evaluation, and Quality Improvement at Integrate Health, at the Global Vaccine Impact Conference in Madrid

Elevating voices

"By telling the story of a child I saved after diagnosing and treating him for malaria, I explained how my work is key to building strong and resilient healthcare systems. I also advocated for fair pay and good working conditions for all Community Health Workers. Sitting at the center of the stage, and surrounded by men in suits, I overcame fear and self-doubt to speak on behalf of my community, my patients, and my colleagues.”

- Tchilalo Rebecca Tchotchokou, Community Health Worker.

Global level

2 CHWS SPEAKING ON THE GLOBAL STAGE

80% OF CONFERENCES ATTENDED BY INTEGRATE HEALTH WERE REPRESENTED BY AFRICAN WOMEN

Community Health Workers take the global stage

Two of Integrate Health’s Community Health Workers, Tchilalo Rebecca Tchotchokou and Lami Pafaliki, elevated the conversation about community healthcare on a global scale. They represented Integrate Health at two major international conferences—the International Conference on Public Health in Africa and the Community Health Worker Symposium. Through compelling narratives and first-hand accounts, Rebecca and Lami showcased the indispensable role CHWs play in both healthcare delivery and policy advocacy. Their participation underlines our commitment to ensuring that no conversation about CHWs happens without them in the room.

“We are thrilled to partner with Integrate Health to pioneer a holistic approach to community healthcare in Guinea. Through the Matching Fund, we’re doubling down on Integrate Health’s innovative Integrated Primary Care Program, as it aligns seamlessly with our mission to reach zero-dose children. This collaboration is a testament to the power of cross-sectoral partnerships in dismantling silos and advancing global health.”

- Gavi, the Vaccine Alliance.
LEADER RECOGNIZED AS HEROINES OF HEALTH IN 2022

70% OF INTEGRATE HEALTH STAFF IDENTIFY AS WOMEN
95% OF INTEGRATE HEALTH LEADERSHIP IDENTIFY AS AFRICAN

Global level

Celebrating leadership

Anita Kouvahey-Eklu as Heroine of Health

We are immensely proud to share that Anita Kouvahey-Eklu, our Deputy Country Director in Togo, has been honored with the prestigious 2022 Heroines in Health award by Women in Global Health. This recognizes Anita’s two-decade commitment to advocating for LGBTQIA+ rights, women’s rights, and Universal Health Coverage. As a bridge between Integrate Health and its partners, including the Togolese Ministry of Health, Anita’s work is indispensable to our mission. Although Anita was unable to attend the award ceremony in person due to visa inequities, her message resonates louder than ever: real change is possible when we challenge systemic imbalances and include community voices in the decision-making process.

“Over the course of my career as a medical provider, advocate, and champion of LGBTQIA+ and women’s rights, I have witnessed the injustices and suffering that women face daily. In Togo, women are not allowed to make health decisions for themselves or their children. They must act upon their husbands’ approval. It is a constant and daily battle for women’s health and rights.”

- Anita Kouvahey-Eklu, Deputy Director in Togo, Integrate Health.
A year of transformative DEI initiatives

Integrate Health is deeply committed to advancing Diversity, Equity, and Inclusion (DEI) in an international development sector often marred by systemic inequalities. This year, we were privileged to collaborate with Angela Bruce Raeburn of DiverseDEV, whose guidance enhanced our “equity fluency” and informed our DEI strategy. This led to the creation of a DEI Council, which represents all organizational levels, and endorsed a new Culture Code and Statement on Racial Injustice. Our focus now shifts to operationalizing these principles.

| 11 | 276 | 1 |
| DEI COUNCIL MEETINGS | STAFF TRAINED ON SEXUAL HARASSMENT AND DISCRIMINATION | DEI TRAINING FOR HUMAN RESOURCES |

“The DEI Council is here to champion a culture of diversity, equity, and inclusion, throughout our entire organization. Every single individual, be it manager or non-manager, must be trained on topics such as hierarchical biases, privilege, microaggressions, equity, gender biases, discrimination, social justice, sexual harassment, and inclusive leadership.

This isn’t about ticking boxes. We’re equipping our staff, especially our managers, with the tools they need for authentic introspection and evaluation.”

- Kofi Senyo Siakou, Learning and Development Specialist in Togo, Permanent Member of the DEI Council, Integrate Health.
Integrate Health has assembled a “green team” responsible for assessing our carbon footprint and implementing actions to minimize our organization’s environmental impact. Comprised of 20 members who volunteered for the role, the green team convenes monthly and operates in thematic working groups to streamline decision-making. This is a pivotal step towards achieving our goal of reducing carbon emissions by 30% by 2030 compared to 2019 levels.

Integrate Health’s and Last Mile Health’s commitment to transform the unpaid labor of women into professional healthcare heroes was featured by the Clinton Global Initiative. Through our 2023 Commitment to Action, we are joining forces with African Ministries of Health to increase opportunities for women Community Health Workers, aiming to transform the lives of 5.8 million people through the delivery of primary healthcare across Liberia, Togo, Guinea, and Ethiopia.

At the Integrations

Health, gender, and climate are inextricably linked
**Financials**

**TOTAL REVENUE**

- **$9,309,923** Grants
- **$295,509** Individuals
- **$1,942** In Kind

**TOTAL EXPENSES**

- **$6,891,099** Program
- **$619,776** Fundraising
- **$957,528** General & Administration

Preliminary figures as of June 30, 2023 pending audit review. Past year audited financials are available on our website, www.integratehealth.org

**Funders**

Amazon Smile  
Anonymous  
Amref  
Bohemian Foundation  
Capital One  
Cartier Philanthropy  
CRI Foundation  
Crown Family Philanthropies  
DAK Foundation  
Dellora A. and Lester J. Norris Foundation  
Dovetail Impact Foundation  
Emergent BioSolutions  
Godley Family Foundation  
Gould Family Foundation  
Intel Corporation  
Ironwood Pharmaceuticals  
Jascha Hoffman Giving Fund  
Jasmine Social Investments  
Jester Foundation  
Lightner Sams Foundation of Wyoming  
Mulago Foundation  
Netri Foundation  
Panorama Global  
Peery Foundation  
Planet Wheeler Foundation  
Ray and Tye Noorda Foundation  
RippleWorks Foundation  
Ripple Foundation  
Sall Family Foundation  
Segal Family Foundation  
T&J Meyer Family Foundation  
The Adventure Project  
The Waterloo Foundation  
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Riezel Moses
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Bekah and Ben Pyne
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Tanya Witek
Sherry Wood
Patricia Yeh and Lawrence Lue
Health for All Across West Africa

We are mobilizing $75 million over the next five years to reach our ambitious goals. With your investment, we can support the governments of Togo, Guinea, and potentially a third country, to scale quality primary healthcare to nearly 20 million people across West Africa by 2028. For more information reach out to Chief Partnership Officer, Emily Bensen ebensen@integratehealth.org

Get involved  Donate

Community Health Worker Tayagne and her Supervisor, Gisèle Talabia, in Wadjadjo, Dankpen district